

Mens Results

2,650 Meters Junior High

Official Team Scores

1. **Holdingsford** 25
2. **Maple Lake** 30

1.	8	Ethan Erdahl	10:31.57	Maple Lake
2.	8	Joe Rudolph	10:33.51	Maple Lake
3.	7	Jaxon Christner	10:45.57	Osakis
4.	7	Trace Ratke	10:50.78	Royalton
5.	7	Caleb Guthrie	10:59.19	Holdingsford
6.	8	Nathan Rybaczuk	11:38.67	Holdingsford
7.	7	Naji Hassan	11:40.44	St. John's Prep
8.	8	Wyatt Skwira	11:52.69	Holdingsford
9.	8	Nathan Jendro	11:53.44	Holdingsford
10.	8	Andray Stang	12:03.72	Eden Valley-Watkins/...
11.	8	William Resinger	12:05.69	St. John's Prep
12.	7	Caleb Kurtz	12:15.51	Holdingsford
13.	8	Brody Hooper	12:22.34	Eden Valley-Watkins/...
14.	7	Brolin Chlan	12:57.97	Maple Lake
15.	7	Carter Ertl	13:05.08	Maple Lake
16.	8	Jackson Mead	13:45.70	Paynesville
17.	7	Charlie Peterson	15:39.77	Maple Lake

5,000 Meters Junior Varsity

Official Team Scores

1. **St. John's Prep** 24
2. **Holdingsford** 64
3. **Royalton** 69
4. **Eden Valley-Watkins/Kimball** 84
5. **Maple Lake** 132

1.	8	William Vix	20:01.60	St. John's Prep
2.	8	Andrew Heertz	20:25.56	St. John's Prep
3.	8	Cameron Martini	20:30.21	Holdingsford
4.	11	Sam Dehne	20:44.90	St. John's Prep

5.	10 Daniel Heuring	21:14.00 Eden Valley-Watkins/...
6.	12 Devan Meyer	21:20.68 St. John's Prep
7.	9 Cole Hofstad	21:28.35 Royalton
8.	10 Ben Boyd	21:29.32 Royalton
9.	12 Rylan Schueller	21:52.09 Eden Valley-Watkins/...
10.	9 Owen Klisch	22:14.83 Holdingford
11.	10 Owen Schleper	22:16.40 St. John's Prep
12.	9 Bret Penk	22:19.78 St. John's Prep
13.	9 Phillip Lampert	22:25.16 Holdingford
14.	11 Andrew Hennen	22:42.33 Eden Valley-Watkins/...
15.	10 Colin Burggraff	22:44.75 St. John's Prep
16.	9 Damien Bishop	22:46.89 Royalton
17.	9 Spencer Novitzki	22:50.86 Royalton
18.	10 Patrick Duffy	22:57.65 St. John's Prep
19.	9 Brayden Mack	22:58.66 Holdingford
20.	10 Pius Urban	23:18.30 St. John's Prep
21.	10 Wyatt Salzer	23:19.45 St. John's Prep
22.	10 Nathan Zander	23:19.55 Maple Lake
23.	10 Jake Gunderson	23:22.52 Holdingford
24.	9 Reed Wanhala	23:26.87 Royalton
25.	9 Andrew Hayes	23:26.89 Royalton
26.	11 Tim Plumski	23:53.23 Royalton
27.	9 Damian Skwira	23:57.63 Holdingford
28.	12 Mackullen Kleist	24:03.98 Eden Valley-Watkins/...
29.	12 Kenton Daughters	24:06.78 St. John's Prep
30.	10 Zach Fiskness	24:14.66 Osakis
31.	11 Mitchell Koss	24:16.00 Maple Lake
32.	11 Owen Skwira	24:20.74 Holdingford
33.	9 Logan Nundahl	24:29.80 Royalton
34.	12 James Campbell	24:40.95 Royalton
35.	9 Ethan Albright	24:55.62 Royalton
36.	11 Isaac Loverink	25:21.25 Osakis
37.	9 Ben Ogram	25:25.57 Maple Lake
38.	7 Joe Neutz	25:56.48 Maple Lake
39.	10 Jeremiah Skreen	26:01.43 Maple Lake
40.	11 Chrisob Sadlemeyer	26:01.81 Osakis
41.	10 Lukas Jendro	26:16.32 Holdingford
42.	11 Evan Powell	26:29.80 Eden Valley-Watkins/...
43.	11 Peter Lee	26:29.94 St. John's Prep
44.	9 Alex Kurowski	26:37.11 Eden Valley-Watkins/...
45.	11 Cameron Thompson	30:43.14 St. John's Prep
46.	9 Ronan Smith	31:12.12 St. John's Prep

47. 11 Kyle Zeimetz 31:27.89 Holdingford
 48. 10 Alex Ludlow 35:31.31 Eden Valley-Watkins/...

5,000 Meters Varsity

Official Team Scores

- | | |
|--------------------------------|-----|
| 1. St. John's Prep | 33 |
| 2. Holdingford | 62 |
| 3. Osakis | 80 |
| 4. Royalton | 103 |
| 5. Maple Lake | 110 |
| 6. Eden Valley-Watkins/Kimball | 119 |

- | | | |
|--------------------------|----------|-------------------------|
| 1. 9 Henry Lemke | 17:37.21 | Eden Valley-Watkins/... |
| 2. 10 Nick Hansen | 17:44.63 | St. John's Prep |
| 3. - Zach Meyer | 17:54.79 | St. John's Prep |
| 4. 9 Zackery Brueder | 18:12.81 | Osakis |
| 5. 9 Benjamin (Ben) Suo | 18:17.72 | St. John's Prep |
| 6. 7 Dawson Hofer | 18:19.21 | Holdingford |
| 7. 10 Aidan Pellet | 18:21.62 | Holdingford |
| 8. 10 Joseph Guthrie | 18:22.84 | Holdingford |
| 9. 10 Paul Steiner | 18:34.73 | St. John's Prep |
| 10. 10 Jacob Taplin | 18:43.29 | Osakis |
| 11. 10 Nick Lind | 18:52.80 | Maple Lake |
| 12. 12 Jacob Leibold | 18:54.21 | Royalton |
| 13. 11 Noah Gindele | 19:01.76 | Maple Lake |
| 14. 10 Victor Pehn | 19:07.84 | St. John's Prep |
| 15. 11 Kale Drevlow | 19:13.07 | Osakis |
| 16. 12 Sam Meyer | 19:16.97 | St. John's Prep |
| 17. 10 Marcus Hayes | 19:19.88 | Royalton |
| 18. 12 Sam Hoover | 19:55.16 | St. John's Prep |
| 19. 9 Lane Olson | 20:01.92 | Royalton |
| 20. 12 Cohl Clear | 20:06.67 | Holdingford |
| 21. 11 Cj Clear | 20:12.64 | Holdingford |
| 22. 9 Nick Guthrie | 20:13.69 | Holdingford |
| 23. 10 Adon Ripple | 20:23.65 | Royalton |
| 24. 10 Alan Haglin | 20:33.87 | Maple Lake |
| 25. 10 Alex Blonigan | 20:34.76 | Paynesville |
| 26. 10 Brennen Gustafson | 20:36.49 | Osakis |
| 27. 11 Joseph Aaser | 20:37.78 | Osakis |

28.	12	Christopher Klatt	20:38.36	Maple Lake
29.	8	Gavin Arens	20:40.71	Eden Valley-Watkins/...
30.	10	Peyton Hooper	20:45.07	Eden Valley-Watkins/...
31.	10	Lane Harff	20:45.87	Eden Valley-Watkins/...
32.	10	Carson Schmaltz	20:53.35	Eden Valley-Watkins/...
33.	11	Michael Zimmerman	20:55.23	Royalton
34.	11	Jack Fink	21:09.23	Eden Valley-Watkins/...
35.	7	Caleb Derosé	21:26.28	Eden Valley-Watkins/...
36.	9	Logan Anglin	21:37.97	Maple Lake
37.	11	Isaac Neutz	21:50.25	Royalton
38.	12	Sean Edmond	21:52.31	Paynesville
39.	11	Marcus Wolf	22:14.46	Osakis
40.	10	Carson Suchy	22:23.30	Paynesville
41.	10	Pablo Acerete	22:33.09	Paynesville
42.	12	Nathan Rasset	22:47.70	Maple Lake
43.	12	Elijah Elsenpeter	23:16.00	Maple Lake
44.	10	Issac Ruegemer	23:19.97	Osakis
45.	11	Anders Aleckson	23:27.39	Holdingford

Womens Results

2,650 Meters Junior High

1.	7	Kaia Fiskness	10:56.23	Osakis
2.	8	Laura Heuring	12:31.35	Eden Valley-Watkins/...
3.	7	Kayla Verhey	12:42.32	Eden Valley-Watkins/...
4.	6	Ellen Bechtold	12:57.79	St. John's Prep
5.	6	Leah Bechtold	13:04.17	St. John's Prep
6.	7	Kathryn Collins	13:06.58	Osakis
7.	7	McKenna Meyers	13:42.30	Osakis
8.	7	Abigail Fiskness	16:35.84	Osakis

5,000 Meters Junior Varsity

Official Team Scores

1.	Eden Valley-Watkins/Kimball	25
2.	Holdingford	46
3.	Maple Lake	64

1.	10	Claire Arvig	24:38.58	Holdingford
----	----	--------------	----------	-------------

2.	9	Evie Aleckson	24:41.79	Holdingsford
3.	8	Addy Stommes	25:27.43	Eden Valley-Watkins/...
4.	11	Emily Rose	25:27.53	Eden Valley-Watkins/...
5.	7	Erica Greenwald	26:18.32	Eden Valley-Watkins/...
6.	12	Jenna Andersen	26:29.30	Eden Valley-Watkins/...
7.	12	Isabel Greenwald	26:29.31	Eden Valley-Watkins/...
8.	10	Gracelynn Gerads	26:49.95	Holdingsford
9.	9	Elaina Fink	26:50.11	Eden Valley-Watkins/...
10.	10	Kassandra Fynboh	27:08.35	Maple Lake
11.	10	Kiera Stommes	27:26.33	Eden Valley-Watkins/...
12.	10	Ashlyn Schreifels	27:27.70	Eden Valley-Watkins/...
13.	12	Grace Praska	27:57.76	Maple Lake
14.	12	Brooke Mergen	27:59.18	Maple Lake
15.	12	Lillian Rhodes	28:27.82	Eden Valley-Watkins/...
16.	11	Morgan Streit	28:37.91	Eden Valley-Watkins/...
17.	9	Jordyn Theis	28:49.60	Eden Valley-Watkins/...
18.	9	Stephy Marthaler	29:07.97	Osakis
19.	9	Maddie Schlicht	30:23.98	Maple Lake
20.	11	Katelyn Utecht	30:27.83	Eden Valley-Watkins/...
21.	12	Sydney Reardon	30:32.04	Maple Lake
22.	10	Adison Gorres	30:34.61	Maple Lake
23.	10	Lily Notsch	31:43.28	Holdingsford
24.	11	Jordyn Donnay	32:12.67	Eden Valley-Watkins/...
25.	9	Maleah Loch	32:29.16	Eden Valley-Watkins/...
26.	11	Emma Schmitz	33:34.37	Eden Valley-Watkins/...
27.	10	Ana Lourdes Gonzales	36:03.41	St. John's Prep
28.	10	Louise Truong	36:03.95	St. John's Prep
29.	12	Gretta Lemke	37:38.19	Eden Valley-Watkins/...
30.	9	Nicole Notsch	38:47.93	Holdingsford

5,000 Meters Varsity

Official Team Scores

1.	Eden Valley-Watkins/Kimball	45
2.	Maple Lake	66
3.	Holdingsford	78
4.	St. John's Prep	96
5.	Paynesville	99
6.	Royalton	136

1.	10 Olivia Pauly	21:05.82 St. John's Prep
2.	12 Erin Borash	21:17.67 Royalton
3.	12 Sophie Pribyl	21:19.82 Maple Lake
4.	10 Izabella Hernandez	21:23.25 Eden Valley-Watkins/...
5.	11 Ellie Kuechle	21:35.33 Eden Valley-Watkins/...
6.	12 Emily Weese	21:42.82 Maple Lake
7.	8 Loretta Mrosla	21:47.05 Holdingford
8.	10 Brookelyn Kuechle	22:02.83 Eden Valley-Watkins/...
9.	12 Ellie Zimmerman	22:12.07 Paynesville
10.	9 Mya Andersen	22:17.44 Eden Valley-Watkins/...
11.	10 Paige Frenchick	22:29.23 Paynesville
12.	9 Louise Ruzanic	22:33.07 St. John's Prep
13.	9 Addison Kramer	22:48.31 Maple Lake
14.	9 Madison Wendlandt	22:56.10 Paynesville
15.	7 Olivia Klasin	23:21.73 Holdingford
16.	11 Marissa Hartung	23:28.46 Holdingford
17.	7 Abigail Gindele	23:37.38 Maple Lake
18.	11 Katie Ruhland	23:39.48 Eden Valley-Watkins/...
19.	12 Brea Worlie	23:40.81 Holdingford
20.	11 Katheryn Donnay	24:01.53 Eden Valley-Watkins/...
21.	10 Alyssa Young	24:24.42 Holdingford
22.	12 Rebecca Lampert	24:27.93 Holdingford
23.	9 Sylvie Bechtold	24:33.88 St. John's Prep
24.	10 Lorraine Mrosla	24:50.19 Holdingford
25.	8 Abigail Roering	25:11.12 Royalton
26.	7 Alayna Haag	25:16.98 Eden Valley-Watkins/...
27.	9 Abby Torblaa	25:26.56 Maple Lake
28.	7 MJ Austin	25:35.72 Maple Lake
29.	10 Megan Mahowald	25:42.70 St. John's Prep
30.	9 Tressa Lieser	26:10.09 Paynesville
31.	9 Andreyia Clour	26:12.24 St. John's Prep
32.	10 Mackenna Wetch	27:25.83 Maple Lake
33.	9 Aurora Walberg	27:27.00 Royalton
34.	9 Madison Burris	28:32.51 St. John's Prep
35.	10 Kylie Hoekstra	29:18.63 Paynesville
36.	11 Alivia Buggs	29:32.72 Paynesville
37.	10 Arianne Norberg	32:45.98 Royalton
38.	10 Katelyn Mehlhop	34:31.90 Paynesville
39.	10 Baley Bueckers	35:32.08 Royalton