

Section 5AAA True Team

Forest Lake - 5/10/2022

Results

Event 101 Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1	Forest Lake	10:00.24 36
2	Mahtomedi	10:09.02 32
3	Centennial	10:19.64 28
4	Duluth East	10:21.75 24
5	Spring Lake Park	10:27.37 20
6	Blaine	11:12.02 16
7	Cambridge-Isanti	11:48.75 12
8	Irondale	12:02.70 8

Event 102 Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1	Centennial	8:24.34 36
2	Forest Lake	8:25.27 32
3	Duluth East	8:27.09 28
4	Blaine	8:27.61 24
5	Mahtomedi	8:48.86 20
6	Cambridge-Isanti	8:49.97 16
7	Spring Lake Park	9:12.53 12
8	St Francis	9:33.96 8
9	Irondale	9:52.02 4

Event 103 Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Narindwa Semakula	12 Irondale	15.26 27
2	Stephenie Kemo	12 Blaine	15.53 26
3	Kylie Woods	12 Forest Lake	16.58 25
4	Julianna Ross	11 Spring Lake	16.69 24
5	Kaili Malvey	9 Mahtomedi	17.13 23
6	Marvelous Onwualo	11 Blaine	17.13 22
7	Alison Barber	11 Cambridge-Is	17.44 21
8	Ilee Smith	12 Duluth East	17.55 20
9	Megan Griswold	10 Blaine	18.13 19
10	Madeline Wood	9 Centennial	18.56 18
11	Kaitlyn Staut	11 Spring Lake	18.67 17
12	Julia Legeault	9 Forest Lake	18.68 16
13	Madeleine Bonnett	8 Forest Lake	19.01 15
14	Anna Peterson	11 Centennial	19.34 14
15	Abby Myers	10 Duluth East	19.44 13
16	Reese Wilking	10 Cambridge-Is	19.44 12
17	Lilly Michaels	11 St Francis	19.45 11
18	Stella Sorenson	9 Duluth East	19.51 10
19	Abbigale Paulson	9 St Francis	19.59 9
20	Hannah Drecktrah	9 Mahtomedi	19.63 8
21	Alyssa Draheim	11 Centennial	19.70 7
22	Hannah Bingham	10 Cambridge-Is	20.08 6
23	Taylor Johnson	9 St Francis	20.96 5
24	Paige Newcomb	12 Mahtomedi	21.05 4
25	Rita Schmidt	10 Spring Lake	22.73 3
26	Grace Wynia	12 Irondale	23.11 2
27	Klara Mink	9 Irondale	28.26 1

Event 104 Boys 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Jonah McCormick	10 Mahtomedi	15.53 27
2	Riley Wilson	10 Cambridge-Is	15.54 26
3	William Selinger	12 Blaine	15.61 25
4	Emanuel Latawiec	12 Forest Lake	16.02 24
5	Kole McKeown	12 Mahtomedi	16.20 23
6	Reid Olson	10 Forest Lake	16.34 22
7	Isaac Ononiwu	11 Spring Lake	16.38 21
8	Jordan Reynolds	12 Blaine	16.47 20
9	Micah Wilson	10 Cambridge-Is	16.54 19
10	Blake Viesselman	10 Cambridge-Is	17.20 18
11	Chase Halvorson	11 Blaine	17.26 17
12	Bryce Symens	12 Duluth East	17.65 16
13	Isaiah Frei	10 Spring Lake	17.77 15
14	Keagan Zeidler	11 Forest Lake	17.93 14
15	Shaun Young	10 Irondale	18.06 13
16	Owen Kellems	12 Centennial	18.74 12
17	Peter Saftner	9 Duluth East	18.80 11
18	Zachary McKay	8 Irondale	19.30 10
19	Ahmed Ahmed	11 Mahtomedi	19.76 9
20	Micah Miller	9 St Francis	20.57 8
21	Tate Windhurst	12 Spring Lake	21.16 7
22	Victor Ogwehi	12 Irondale	21.17 6
---	Joshua Rabold	12 Duluth East	DQ

Event 105 Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1	Emily Anderson	12 Centennial	12.25 27
2	Anika Larson	11 Cambridge-Is	12.56 26
3	Annika Gunderson	12 Forest Lake	12.83 25
4	Desiree Loyd	11 Blaine	12.84 24
5	Laci Leverty	12 Cambridge-Is	12.96 23
6	Bianca Lott	12 Duluth East	13.21 22
7	Hannah Claussen	10 Blaine	13.23 21
8	Ella Frazier	9 Mahtomedi	13.33 20
9	Victoria Laberge	12 Spring Lake	13.40 19
10	Ravina Cooper	12 Irondale	13.41 18
11	Nevaeh Coffey	10 Spring Lake	13.41 17
12	Michelle Musa	11 Blaine	13.43 16
13	Makayla Miles	10 Forest Lake	13.54 15
14	Addison Van Zee	10 Centennial	13.56 14
15	Alexis Larsen	9 Centennial	13.65 13
16	Sarah Greicar	9 Duluth East	13.66 12
17	Kaylan Orvedahl	10 Duluth East	13.73 11
18	June Merkouris	12 Cambridge-Is	13.75 10
19	Gerbert Grupee	9 Irondale	13.81 9
20	Tiffanie Huynh	10 Spring Lake	13.84 8
21	Jackelyn Ong	12 Mahtomedi	13.87 7
22	Natalie Krutzig	8 Forest Lake	13.89 6
23	Taylor Johnson	9 St Francis	13.90 5
24	Mia Nordberg	10 Irondale	13.92 4
25	Savanna Lanz	11 St Francis	14.23 3

Section 5AAA True Team

Forest Lake - 5/10/2022

Results

Finals ... (Event 105 Girls 100 Meter Dash)

Name	Yr	School	Finals	
26 Kayla Reid	11	St Francis	14.27	2
27 Eden Adams	12	Mahtomedi	14.28	1

Event 106 Boys 100 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Cole Brisbois	12	Forest Lake	10.97	27
2 Jeremiah Chanzu	12	Blaine	10.99	26
3 Juriad Hughes	10	Irondale	10.99	25
4 Tyce Smith	11	Blaine	11.27	24
5 Brady Johnson	11	St Francis	11.34	23
6 Samuel Mechah	12	Cambridge-Is	11.34	22
7 Gavin Rustad	12	Forest Lake	11.38	21
8 Kato Semakula	12	Irondale	11.44	20
9 Collin Lee	12	Centennial	11.45	19
10 Jonathan Harvey	12	Mahtomedi	11.48	18
11 Samuel Zeresenay	11	Centennial	11.49	17
12 Ralph Naimah	11	Irondale	11.49	16
13 Markell Taylor	11	Spring Lake	11.51	15
14 Jackson Smith	11	Spring Lake	11.58	14
15 Josh Henderson	9	Forest Lake	11.60	13
16 Isaiah Tandoh	10	Centennial	11.66	12
17 John Ramberg	11	Duluth East	11.69	11
18 Adam Hamed	12	Cambridge-Is	11.70	10
19 Andre Hall	12	Cambridge-Is	11.71	9
20 Jacob Tilly	9	St Francis	11.81	8
21 Anders Wakefield	12	Duluth East	11.81	7
22 Philip Conant	11	St Francis	11.81	6
23 Darby Patterson	12	Duluth East	11.83	5
24 Hunter Mlinarcik	11	Spring Lake	11.95	4
25 Jake Larson	12	Mahtomedi	12.05	3
26 Brian Obwogi	12	Blaine	12.21	2
27 Gunnar Woods	12	Mahtomedi	12.29	1

Event 107 Girls 4x200 Meter Relay

Team	Relay	Finals	
Finals			
1 Blaine		1:49.24	36
2 Mahtomedi		1:49.56	32
3 Spring Lake Park		1:50.70	28
4 Cambridge-Isanti		1:51.98	24
5 Centennial		1:53.08	20
6 Irondale		1:53.50	16
7 Forest Lake		1:54.76	12
8 Duluth East		1:58.21	8
9 St Francis		1:59.23	4

Event 108 Boys 4x200 Meter Relay

Team	Relay	Finals	
Finals			
1 Forest Lake		1:31.54	36
2 Centennial		1:33.11	32
3 Blaine		1:33.43	28
4 Spring Lake Park		1:34.87	24

5 Cambridge-Isanti		1:35.23	20
6 Mahtomedi		1:37.37	16
7 Irondale		1:38.34	12
--- Duluth East		DQ	

Event 109 Girls 1600 Meter Run

Name	Yr	School	Finals	
Finals				
1 Elizabeth VanLoon	12	Irondale	5:19.57	27
2 Norah Hushagen	9	Forest Lake	5:20.21	26
3 Kaitlyn Finnegan	12	Spring Lake	5:22.96	25
4 Isabel Castilleja	12	Forest Lake	5:29.05	24
5 Molly McCarthy	7	Forest Lake	5:29.43	23
6 Makenna Sjoberg	8	Cambridge-Is	5:29.84	22
7 Anna-Britta Helmer	9	Duluth East	5:30.55	21
8 Kendyl Izzo	11	Cambridge-Is	5:35.96	20
9 Makayla Fischer	12	Mahtomedi	5:40.34	19
10 Gabby Fox	9	Mahtomedi	5:40.73	18
11 Kelsey Huver	12	Blaine	5:45.08	17
12 Greta Solem	8	Spring Lake	5:49.93	16
13 Carolina Arvold	8	Duluth East	5:49.96	15
14 Sarah Brings	11	Mahtomedi	5:51.03	14
15 Emma Magnuson	11	Centennial	5:51.28	13
16 Veronica Wahman	11	Duluth East	5:53.64	12
17 Lauren Swanson	12	Centennial	5:55.89	11
18 Adriana Potts	12	Blaine	5:57.44	10
19 Alissa Aanenson	10	St Francis	5:57.75	9
20 Lydia Smisson	8	Cambridge-Is	5:58.91	8
21 Siri Stolen	10	Irondale	6:00.09	7
22 Sophie Stephens	7	Irondale	6:00.58	6
23 Miranda Sawvel	9	Centennial	6:06.17	5
24 Catherine Tran	11	Blaine	6:06.84	4
25 Amber Lawrence	10	St Francis	6:10.81	3
26 Maria Haug	8	Spring Lake	7:05.62	2

Event 110 Boys 1600 Meter Run

Name	Yr	School	Finals	
Finals				
1 Daniel Vanacker	12	Forest Lake	4:29.08	27
2 Jackson DesCombaz	12	Duluth East	4:30.96	26
3 River Santiago	10	Blaine	4:32.18	25
4 Oliver Miatke	11	Duluth East	4:35.44	24
5 Ethan Sievers	12	Forest Lake	4:36.50	23
6 Jaxon Jones	12	Cambridge-Is	4:39.23	22
7 Joshua Fike	12	Blaine	4:46.19	21
8 Ryan Houseman	11	Forest Lake	4:49.15	20
9 Tyler Celotta	10	Centennial	4:52.04	19
10 Zander Gallmeier	12	Cambridge-Is	4:53.49	18
11 Owen Crandall	11	Spring Lake	4:54.92	17
12 Samuel Blascyk	10	Duluth East	4:56.42	16
13 Evan Koerber	10	Blaine	4:56.88	15
14 Chase Imker	12	Cambridge-Is	4:59.47	14
15 Zackary Donnelly	11	Irondale	5:00.10	13
16 Ryan Malvey	12	Mahtomedi	5:02.88	12
17 Aidan Ferrier	10	Irondale	5:03.24	11
18 Theo Carlson	12	Centennial	5:04.83	10

Section 5AAA True Team

Forest Lake - 5/10/2022

Results

Finals ... (Event 110 Boys 1600 Meter Run)

Name	Yr	School	Finals	
19	Alexander Persing	9 Centennial	5:07.50	9
20	Weston Rolf	10 St Francis	5:07.75	8
21	John Gibbens	11 Mahtomedi	5:08.68	7
22	Finnegan Rodefelf	9 Irondale	5:10.05	6
23	Caden Hallin	10 Mahtomedi	5:12.52	5
24	Justus Vincent	9 St Francis	5:12.63	4
25	Clayton Solberg	9 Spring Lake	5:14.98	3
26	Isaiah Frei	10 Spring Lake	5:28.85	2
27	Micah Miller	9 St Francis	5:34.00	1

Event 111 Girls 4x100 Meter Relay

Team	Relay	Finals	
1	Spring Lake Park	51.17	36
2	Irondale	51.18	32
3	Blaine	51.74	28
4	Mahtomedi	51.84	24
5	Forest Lake	52.02	20
6	Centennial	52.41	16
7	Cambridge-Isanti	52.75	12
8	Duluth East	53.50	8
9	St Francis	56.74	4

Event 112 Boys 4x100 Meter Relay

Team	Relay	Finals	
1	Blaine	44.01	36
2	Irondale	44.21	32
3	Centennial	44.70	28
4	St Francis	45.33	24
5	Spring Lake Park	45.49	20
6	Mahtomedi	45.93	16
7	Duluth East	49.85	12
8	Cambridge-Isanti	50.48	8
9	Forest Lake	51.44	4

Event 113 Girls 400 Meter Dash

Name	Yr	School	Finals	
1	Ella Niznik	12 Forest Lake	59.51	27
2	Olivia Thiele	9 Mahtomedi	1:00.00	26
3	Hannah Claussen	10 Blaine	1:00.27	25
4	Annabelle Stang	12 Forest Lake	1:02.61	24
5	Kylie Nelson	9 Centennial	1:02.98	23
6	Arielle DeYoung	10 Forest Lake	1:03.23	22
7	Macy Hass	9 St Francis	1:03.33	21
8	Breanna Elbers	9 Mahtomedi	1:03.72	20
9	Laila Totushek	9 Spring Lake	1:03.85	19
10	Anja Erickson	9 Spring Lake	1:04.55	18
11	Mara Holle	9 Blaine	1:04.94	17
12	Ella Frieling	11 Blaine	1:05.09	16
13	Julia Zalewski	10 Centennial	1:05.17	15
14	Elly Rectenwald	12 Duluth East	1:05.21	13.5
14	Avery Macomb	9 Spring Lake	1:05.21	13.5

16	Annabelle Eaton	10 Duluth East	1:05.24	12
17	Ella Prose	10 Mahtomedi	1:05.80	11
18	Annie Hennen	10 Cambridge-Is	1:06.36	10
19	Lydia Eaton	8 Duluth East	1:06.68	9
20	Claire Zandstra	10 Centennial	1:07.18	8
21	Carley Halstensgard	10 Cambridge-Is	1:09.14	7
22	Sadie Rodgers	10 Irondale	1:09.76	6
23	Nia Randle-James	12 Irondale	1:11.27	5
24	Nadia Timmann	9 Cambridge-Is	1:13.58	4
25	Amber Lawrence	10 St Francis	1:13.92	3
26	Cassandra Sauer	12 St Francis	1:14.51	2
27	Destiny Casey	12 Irondale	1:15.05	1

Event 114 Boys 400 Meter Dash

Name	Yr	School	Finals	
1	Jacob Mayer	11 Forest Lake	50.56	27
2	Nicholas Bartlett	12 Forest Lake	52.27	26
3	Luke Heggstad	12 Blaine	52.56	25
4	Josh Henderson	9 Forest Lake	53.10	24
5	Charles Rohrbaugh	11 Blaine	53.91	23
6	Kyle Stevens	12 Mahtomedi	54.00	22
7	Jacob Podratz	10 Centennial	54.60	21
8	Michael Williams	10 Cambridge-Is	54.80	20
9	David McGeehan	11 Blaine	54.86	19
10	Addison Kent	11 Duluth East	54.93	18
11	Braylon Davis	10 Cambridge-Is	55.06	17
12	Donovin Wittenberg	9 Duluth East	55.45	16
13	Benjamin Westholm	10 Duluth East	55.95	15
14	Wyatt Lind	9 St Francis	56.01	14
15	Luke Ferenbacher	9 Spring Lake	56.85	13
16	Franklin Doncavage	9 Irondale	57.24	12
17	Jack Oien	11 Mahtomedi	57.27	11
18	Finn Wold	9 Centennial	57.37	10
19	Lukas Andrlle	10 Centennial	57.47	9
20	Griffin Gaspersich	11 Spring Lake	57.53	8
21	Landon Milz	10 Cambridge-Is	57.55	7
22	Max Nelson	12 Mahtomedi	57.75	6
23	Otto Erickson	10 Spring Lake	58.99	5
24	Tucsen Roman	10 St Francis	59.46	4
25	Levi Madison	9 Irondale	59.68	3
26	Charles Kikeh	9 Irondale	59.99	2

Event 115 Girls 300 Meter Hurdles

Name	Yr	School	Finals	
1	Stephenie Kemo	12 Blaine	47.35	27
2	Marvelous Onwualo	11 Blaine	49.06	26
3	Julianna Ross	11 Spring Lake	49.29	25
4	Kylie Woods	12 Forest Lake	49.63	24
5	Hannah Bingham	10 Cambridge-Is	51.04	23
6	Ilee Smith	12 Duluth East	51.28	22
7	Kaili Malvey	9 Mahtomedi	51.64	21
8	Alison Barber	11 Cambridge-Is	51.66	20
9	Madeleine Bonnett	8 Forest Lake	51.95	19
10	Azelle Besemann	8 Irondale	52.42	18

Section 5AAA True Team

Forest Lake - 5/10/2022

Results

Finals ... (Event 115 Girls 300 Meter Hurdles)

Name	Yr	School	Finals	
11 Kaitlyn Staut	11	Spring Lake	53.54	17
12 Ellyana Prairie	9	Spring Lake	53.63	16
13 Destini Eboh	10	Blaine	53.72	15
14 Abbigale Paulson	9	St Francis	54.68	14
15 Adyson Janacek	11	Centennial	54.89	13
16 Lilly Michaels	11	St Francis	54.99	12
17 Reese Wilking	10	Cambridge-Is	55.12	11
18 Rosemary Burns	8	Forest Lake	56.00	10
19 Hannah Drecktrah	9	Mahtomedi	56.85	9
20 Anna Peterson	11	Centennial	56.89	8
21 Paige Newcomb	12	Mahtomedi	57.20	7
22 Noelle Flaschberger	12	Centennial	57.25	6
23 Stella Sorenson	9	Duluth East	57.49	5
24 Abby Myers	10	Duluth East	57.96	4
25 Grace Wynia	12	Irondale	59.16	3
26 Klara Mink	9	Irondale	1:08.84	2

Event 116 Boys 300 Meter Hurdles

Name	Yr	School	Finals	
1 Kole McKeown	12	Mahtomedi	41.25	27
2 William Selinger	12	Blaine	41.55	26
3 Jonah McCormick	10	Mahtomedi	41.66	25
4 Reid Olson	10	Forest Lake	42.29	24
5 Emanuel Latawiec	12	Forest Lake	42.62	23
6 Isaac Ononiwu	11	Spring Lake	42.67	22
7 Lamont Jiggetts	12	Blaine	42.74	21
8 Riley Wilson	10	Cambridge-Is	42.86	20
9 Keagan Zeidler	11	Forest Lake	42.90	19
10 Gordy Lawson	11	Cambridge-Is	43.23	18
11 Josh Foley	11	Cambridge-Is	43.48	17
12 Chase Halvorson	11	Blaine	44.76	16
13 Sehvia Taylor	11	Spring Lake	44.94	15
14 Zion Desulme	11	Duluth East	45.00	14
15 Seth Johnson	12	Spring Lake	45.14	13
16 Isaac Vincent	12	St Francis	45.26	12
17 Ahmed Ahmed	11	Mahtomedi	46.75	11
18 Peter Saftner	9	Duluth East	47.34	10
19 Shaun Young	10	Irondale	47.84	9
20 Tyler Celotta	10	Centennial	48.77	8
21 Lukas Andrie	10	Centennial	48.81	7
22 Jabar're Davis	11	Irondale	50.96	6
23 Victor Ogwethi	12	Irondale	51.31	5
24 Micah Miller	9	St Francis	51.84	4
25 Paavo Rova	10	Duluth East	52.29	3
26 Lukasz Andrews	12	St Francis	52.60	2

Event 117 Girls 800 Meter Run

Name	Yr	School	Finals	
1 Ellie Hanowski	11	Forest Lake	2:20.44	27
2 Ella Niznik	12	Forest Lake	2:20.71	26
3 Shalom Sulungaine	11	Blaine	2:24.21	25
4 Elizabeth VanLoon	12	Irondale	2:25.87	24

5 Cambelle Waldspurger	12	Mahtomedi	2:27.73	23
6 Kaitlyn Finnegan	12	Spring Lake	2:30.51	22
7 Kendyl Izzo	11	Cambridge-Is	2:30.72	21
8 Hannah Stocke	8	Spring Lake	2:33.47	20
9 Madison Hanson	10	Forest Lake	2:33.55	19
10 Lydia Kraker	10	Duluth East	2:35.47	18
11 Edie Broadmoore	9	Duluth East	2:35.62	17
12 Julia Zalewski	10	Centennial	2:36.91	16
13 Emma Magnuson	11	Centennial	2:37.17	15
14 Gracie Stoks	12	Centennial	2:37.31	14
15 Emily Ellingson	11	Irondale	2:38.14	13
16 Grace Bingle	9	Blaine	2:40.46	12
17 Brianna Kiriago	12	Spring Lake	2:41.51	11
18 Siri Stolen	10	Irondale	2:42.39	10
19 Molly Larson	7	Cambridge-Is	2:43.72	9
20 Greta Liner	11	Mahtomedi	2:43.84	8
21 Greta Hendrickson	10	Duluth East	2:44.31	7
22 Abigail Strasser	10	Blaine	2:44.81	6
23 Lydia Smisson	8	Cambridge-Is	2:44.92	5
24 Amber Lawrence	10	St Francis	2:56.41	4
25 Elizabeth Carlon	9	Mahtomedi	2:59.97	3
26 Natalie Yang	9	St Francis	3:12.15	2

Event 118 Boys 800 Meter Run

Name	Yr	School	Finals	
1 Jackson DesCombaz	12	Duluth East	2:01.90	27
2 Jacob Mayer	11	Forest Lake	2:01.94	26
3 Ryan Schweiger	12	Blaine	2:05.88	25
4 Ty Brouwer	11	Spring Lake	2:05.98	24
5 Ben Lewis	11	Blaine	2:06.13	23
6 Zander Gallmeier	12	Cambridge-Is	2:06.22	22
7 Nicholas Starcevich	12	Spring Lake	2:06.95	21
8 Jonathon Cubus	12	Forest Lake	2:07.54	20
9 Ryan Houseman	11	Forest Lake	2:08.61	19
10 Baraka Aswan	12	Blaine	2:09.82	18
11 Cal Droubie	10	Cambridge-Is	2:10.95	17
12 Wyatt Johnson	11	Duluth East	2:11.37	16
13 Ryan Pavlick	11	Mahtomedi	2:11.50	15
14 Cody Nelson	10	Centennial	2:14.23	14
15 Elias Dee	10	Cambridge-Is	2:14.80	13
16 Zackary Donnelly	11	Irondale	2:15.93	12
17 Maxwell Johnson	9	Centennial	2:17.31	11
18 Brody Kopp	10	Spring Lake	2:18.92	10
19 Lucas Granec	12	Mahtomedi	2:19.14	9
20 Evan Carion	9	Mahtomedi	2:19.56	8
21 Alexander Persing	9	Centennial	2:20.87	7
22 Nicholas Aanenson	10	St Francis	2:21.77	6
23 Caillou Her	9	St Francis	2:22.97	5
24 Amma Okoro	12	Duluth East	2:25.47	4
25 Devon Fisher	12	St Francis	2:26.49	3
26 Joseph Hayes	9	Irondale	2:26.83	2
27 Theodore Martin	12	Irondale	2:28.27	1

Section 5AAA True Team

Forest Lake - 5/10/2022

Results

Event 119 Girls 200 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Anika Larson	11	Cambridge-Is	26.22	27
2 Anna Holst	12	Mahtomedi	26.37	26
3 Emily Anderson	12	Centennial	26.83	25
4 Annika Gunderson	12	Forest Lake	27.16	24
5 Brianna Finnegan	9	Spring Lake	27.19	23
6 Addison Van Zee	10	Centennial	27.27	22
7 Hannah Claussen	10	Blaine	27.34	21
8 Narindwa Semakula	12	Irondale	27.57	20
9 Madison Moeller	11	Mahtomedi	27.73	19
10 Kendall Stadden	11	Blaine	27.77	18
11 Mabel Badejo	9	Irondale	27.85	17
12 Grace Kowhegba	9	Blaine	28.08	16
13 Addison Stephani	12	Spring Lake	28.11	15
14 Kathryn Woelfel	9	Centennial	28.12	14
15 Averi Conzemius	9	Cambridge-Is	28.13	13
16 Abbey Bush	11	Mahtomedi	28.26	12
17 Bianca Lott	12	Duluth East	28.39	11
18 Andrina Gross	10	Cambridge-Is	28.46	10
19 Kylie Hensley	11	Forest Lake	28.60	9
20 Megan Monsrud	12	Spring Lake	28.61	8
21 Macy Hass	9	St Francis	29.11	7
22 Emma Dauner	11	Duluth East	29.17	6
23 Rachel Swanson	11	Forest Lake	29.32	5
24 Nia Randle-James	12	Irondale	29.57	4
25 Aria Bauers	10	Duluth East	30.01	3
26 Savanna Lanz	11	St Francis	30.05	2

Event 120 Boys 200 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Cole Brisbois	12	Forest Lake	22.29	27
2 Jeremiah Chanzu	12	Blaine	22.37	26
3 Juriad Hughes	10	Irondale	22.42	25
4 Nicholas Bartlett	12	Forest Lake	22.51	24
5 Tyce Smith	11	Blaine	22.65	23
6 Broderick Stewart	11	Spring Lake	22.76	22
7 Samuel Mechah	12	Cambridge-Is	22.81	21
8 Gavin Rustad	12	Forest Lake	22.96	20
9 Tyvion Williams	11	Cambridge-Is	23.19	19
10 Samuel Zeresenay	11	Centennial	23.26	18
11 Brady Johnson	11	St Francis	23.32	17
12 John Ramberg	11	Duluth East	23.68	16
13 Kato Semakula	12	Irondale	23.73	15
14 Michael Douglas	10	Blaine	23.94	14
15 Trystan Green	9	Centennial	24.08	13
16 Darby Patterson	12	Duluth East	24.09	12
17 Isaac Vincent	12	St Francis	24.22	11
18 Jacob Tilly	9	St Francis	24.26	10
19 Aaron Chanthanavong	11	Spring Lake	24.28	9
20 Anders Wakefield	12	Duluth East	24.32	8
21 Bart Merkouris	11	Cambridge-Is	24.50	7
22 Andrew Breien	11	Mahtomedi	24.51	6

23 Hunter Mlinarcik	11	Spring Lake	24.62	5
24 Alec Mahoney	10	Mahtomedi	24.70	4
25 Ralph Naimah	11	Irondale	24.71	3
26 Gunnar Woods	12	Mahtomedi	25.80	2

Event 121 Girls 3200 Meter Run

Name	Yr	School	Finals	
Finals				
1 Norah Hushagen	9	Forest Lake	11:23.13	27
2 Makenna Sjoberg	8	Cambridge-Is	11:54.06	26
3 Abby Wood	10	Centennial	12:07.55	25
4 Cora Nephew	12	Duluth East	12:16.39	24
5 Anna-Britta Helmer	9	Duluth East	12:27.40	23
6 Gabby Fox	9	Mahtomedi	12:33.50	22
7 Taylor Wood	8	Duluth East	12:34.04	21
8 Isabel Castilleja	12	Forest Lake	12:45.88	20
9 Elsa Swenson	7	Forest Lake	12:54.71	19
10 Tatum Leibke	12	Centennial	13:01.11	18
11 Sarah Brings	11	Mahtomedi	13:03.15	17
12 Alissa Aanenson	10	St Francis	13:03.85	16
13 Kelsey Huver	12	Blaine	13:09.94	15
14 Adriana Potts	12	Blaine	13:32.10	14
15 Ava Nibbelink	10	Centennial	13:38.17	13
16 Anna Thompson	12	Mahtomedi	13:42.32	12
17 Athena Schoen	8	Cambridge-Is	13:48.55	11
18 Sibley Boyum	12	Irondale	13:56.14	10
19 Elsa Oberg	9	Spring Lake	13:56.65	9
20 Amelia Mueller	10	Blaine	14:13.05	8
21 Brooke Jankovich	7	Cambridge-Is	14:14.00	7
22 Hayden Schoeman	9	Spring Lake	14:20.01	6
23 Amelie Vanloon	7	Irondale	14:56.17	5
24 Eleanor Ferris	8	Spring Lake	15:25.01	4
--- Mia Kaynes	8	Irondale	DNF	

Event 122 Boys 3200 Meter Run

Name	Yr	School	Finals	
Finals				
1 Daniel Vanacker	12	Forest Lake	9:28.04	27
2 River Santiago	10	Blaine	9:53.17	26
3 Ethan Sievers	12	Forest Lake	9:54.55	25
4 Oliver Miatke	11	Duluth East	10:08.36	24
5 Jaxon Jones	12	Cambridge-Is	10:14.40	23
6 Tyler Bargman	10	Blaine	10:18.70	22
7 Reilly Kopp	10	Spring Lake	10:24.43	21
8 Zack Anderson	12	Spring Lake	10:29.59	20
9 Joshua Fike	12	Blaine	10:34.10	19
10 Cooper Larson	11	Forest Lake	10:38.28	18
11 Aiden Sherer	12	Centennial	10:39.65	17
12 Jonathan Pattie	12	Centennial	10:47.40	16
13 Ryan Malvey	12	Mahtomedi	10:48.54	15
14 Evan Pouliot	11	Centennial	10:51.93	14
15 Collin Lief	12	Spring Lake	10:52.00	13
16 Mark Kaczmarczyk	11	Duluth East	10:52.31	12
17 Jonas Kennedy	10	Cambridge-Is	10:53.10	11
18 Wyatt Siess	11	Mahtomedi	10:58.27	10
19 Aidan Ferrier	10	Irondale	11:07.03	9

Section 5AAA True Team

Forest Lake - 5/10/2022

Results

Finals ... (Event 122 Boys 3200 Meter Run)

Name	Yr	School	Finals
20 Weston Rolf	10	St Francis	11:07.73 8
21 Ian Morse	12	Duluth East	11:07.79 7
22 Chase Imker	12	Cambridge-Is	11:10.09 6
23 Andrew Heuss	11	Irondale	11:34.33 5
24 Finnegan Rodefild	9	Irondale	11:50.99 4
25 Charles Wirka	10	Mahtomedi	11:55.08 3

Event 123 Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Forest Lake		4:06.55 36
2 Blaine		4:16.24 32
3 Mahtomedi		4:16.57 28
4 Spring Lake Park		4:21.10 24
5 Centennial		4:27.00 20
6 Duluth East		4:27.94 16
7 Cambridge-Isanti		4:31.12 12
8 Irondale		4:35.28 8

Event 124 Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Forest Lake		3:28.14 36
2 Spring Lake Park		3:30.24 32
3 Blaine		3:31.04 28
4 Cambridge-Isanti		3:33.24 24
5 Mahtomedi		3:36.24 20
6 Duluth East		3:40.24 16
7 Centennial		3:41.24 12
8 Irondale		3:57.54 8

Event 125 Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Victoria Laberge	12	Spring Lake	16-09.00 27
2 Mabel Badejo	9	Irondale	16-08.75 26
3 Addison Stephani	12	Spring Lake	16-02.00 25
4 Brianna Fleek	12	Blaine	15-09.25 24
5 Nevaeh Coffey	10	Spring Lake	15-06.75 23
6 Anna Mosely	10	Mahtomedi	15-03.00 22
7 Jordan Blair	9	Blaine	15-01.25 21
8 Anika Larson	11	Cambridge-Is	15-01.00 20
9 Zoie Centers	12	Mahtomedi	14-11.00 19
10 Jackelyn Ong	12	Mahtomedi	14-10.25 18
11 Savana Sanchez	9	Forest Lake	14-09.00 17
12 Marvelous Onwualo	11	Blaine	14-02.00 16
13 Jonna Goehner	12	Forest Lake	14-01.50 15
14 Ada Schlenker	11	Cambridge-Is	14-00.25 14
15 Gianna Swenson	9	Forest Lake	13-02.50 13
16 Anna Peterson	11	Centennial	12-09.50 12
17 Mary Boyle	10	Duluth East	12-08.75 11
18 Alison Barber	11	Cambridge-Is	12-08.50 10
19 Addison Engstrom	10	St Francis	12-07.50 9
20 Emma Supina	10	Irondale	12-06.00 8

21 Sarah Greicar	9	Duluth East	11-11.50 7
22 Carmen Jungels	9	Irondale	11-10.25 6
23 Elsie Zimpel	9	Duluth East	11-08.50 5
24 Kaylee Martin	12	Centennial	11-04.50 4
25 Nicole Lange	12	Centennial	11-00.25 3

Event 126 Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Nicholas Bartlett	12	Forest Lake	20-04.25 27
2 Theodore Carey	12	Forest Lake	20-03.50 26
3 Riley Wilson	10	Cambridge-Is	20-01.25 25
4 Isaac Ononiwu	11	Spring Lake	19-10.00 24
5 Brady Johnson	11	St Francis	19-08.00 23
6 Markell Taylor	11	Spring Lake	19-05.25 22
7 Jack Keis	12	Forest Lake	19-03.25 21
8 Jordan Reynolds	12	Blaine	19-01.75 20
9 Peyton Bridges	12	Blaine	18-11.75 19
10 Andre Hall	12	Cambridge-Is	18-08.50 18
11 Jake Larson	12	Mahtomedi	18-07.25 17
12 Ben Wynia	11	Spring Lake	18-01.25 16
13 Adam Hamed	12	Cambridge-Is	17-10.50 15
14 Darby Patterson	12	Duluth East	17-07.75 14
15 Jabar're Davis	11	Irondale	17-05.25 13
16 Jacob Tilly	9	St Francis	17-04.00 11.5
16 Maxwell Holley	11	Mahtomedi	17-04.00 11.5
18 Tenzin Shayen	12	Irondale	17-02.50 10
19 Jonathan Harvey	12	Mahtomedi	17-02.00 9
20 Donovin Wittenberg	9	Duluth East	16-11.50 8
21 Mason Willenbring	9	Centennial	16-08.75 7
22 Fawzan Boukari	9	Irondale	16-01.00 6
23 Samuel Ashbaugh	11	Duluth East	15-10.00 5
24 Lukas Andrl	10	Centennial	15-09.50 4
25 Isaac Zylka	11	St Francis	15-05.50 3
26 Fnan Zeresenay	9	Centennial	14-07.00 2

Event 127 Girls Triple Jump

Name	Yr	School	Finals
Finals			
1 Victoria Laberge	12	Spring Lake	35-09.50 27
2 Kaili Malvey	9	Mahtomedi	35-00.00 26
3 Erin Steinman	11	Mahtomedi	33-11.50 25
4 Anja Erickson	9	Spring Lake	33-05.50 24
5 Renata Kikeh	8	Irondale	33-00.50 23
6 Brianna Fleek	12	Blaine	32-09.50 22
7 Marvelous Onwualo	11	Blaine	32-08.50 21
8 Jackelyn Ong	12	Mahtomedi	32-03.50 20
9 Hannah Bingham	10	Cambridge-Is	32-01.00 19
10 Jonna Goehner	12	Forest Lake	31-08.50 18
11 Ada Schlenker	11	Cambridge-Is	31-04.50 17
12 Reese Wilking	10	Cambridge-Is	31-04.00 16
13 Grace Kowhegba	9	Blaine	31-00.50 15
14 Julia Legeault	9	Forest Lake	30-05.50 14
15 Hallie Johnson	11	Spring Lake	30-02.50 13
16 Alexis Larsen	9	Centennial	29-11.00 12
17 Kristin Arola	12	Forest Lake	29-03.00 11

Section 5AAA True Team

Forest Lake - 5/10/2022

Results

Finals ... (Event 127 Girls Triple Jump)

Name	Yr	School	Finals	
18 Sadie Rodgers	10	Irondale	28-02.75	10
19 Nicole Lange	12	Centennial	27-02.50	8.5
19 Grace Wynia	12	Irondale	27-02.50	8.5
21 Halle Olson	10	Duluth East	26-00.50	7
22 Raina Thomas	9	Duluth East	25-07.50	6
23 Siri Pilate	10	Duluth East	24-08.00	5
24 Kaylee Martin	12	Centennial	23-03.50	4

Event 128 Boys Triple Jump

Name	Yr	School	Finals	
Finals				
1 Jack Keis	12	Forest Lake	41-07.00	27
2 Jordan Reynolds	12	Blaine	41-05.00	26
3 Zach Tripplett	10	Blaine	41-02.50	25
4 Kole McKeown	12	Mahtomedi	41-02.00	24
5 Peyton Bridges	12	Blaine	40-09.50	23
6 Theodore Carey	12	Forest Lake	39-10.00	22
7 Tenzin Shyen	12	Irondale	38-07.00	21
8 Markell Taylor	11	Spring Lake	38-00.00	20
9 Maxwell Holley	11	Mahtomedi	37-11.75	19
10 Mason Willenbring	9	Centennial	37-02.50	18
11 Ari Sullivan	12	Cambridge-Is	37-02.00	17
12 Michael Williams	10	Cambridge-Is	36-10.00	16
13 Nicholas Bartlett	12	Forest Lake	36-09.00	15
14 Ben Wynia	11	Spring Lake	36-08.00	14
15 Chimir Boukari	11	Irondale	36-07.50	13
16 Noah Besemann	11	Irondale	36-05.00	12
17 Broderick Stewart	11	Spring Lake	36-02.50	11
18 Micah Wilson	10	Cambridge-Is	35-11.50	10
19 Samuel Ashbaugh	11	Duluth East	34-03.50	9
20 Finn Wold	9	Centennial	33-06.50	8
21 Jack Oien	11	Mahtomedi	33-01.00	7
22 Barrett Loof	10	Duluth East	31-05.50	6
23 Michael Lewis	9	Duluth East	27-08.50	5

Event 129 Girls High Jump

Name	Yr	School	Finals	
Finals				
1 Desiree Loyd	11	Blaine	5-02.00	27
2 Riley Ruhland	11	Blaine	5-00.00	26
3 Alyssa Draheim	11	Centennial	5-00.00	25
4 Megan Monsrud	12	Spring Lake	5-00.00	23.5
4 Ashley Ladd	12	Cambridge-Is	5-00.00	23.5
6 Shalom Sulungaine	11	Blaine	4-10.00	21.5
6 Kylie Woods	12	Forest Lake	4-10.00	21.5
8 Ada Schlenker	11	Cambridge-Is	4-10.00	20
9 Laci Leverty	12	Cambridge-Is	4-08.00	19
10 Julianna Ross	11	Spring Lake	4-08.00	18
11 Ellyana Prairie	9	Spring Lake	4-08.00	17
12 Savana Sanchez	9	Forest Lake	4-08.00	16
13 Sarah Greicar	9	Duluth East	4-06.00	15
14 Julia Legeault	9	Forest Lake	4-06.00	13.5
14 Linaya Tubbs	12	Centennial	4-06.00	13.5
16 Ella Frazier	9	Mahtomedi	4-06.00	12

17 Sydney Sosinski	9	Centennial	4-04.00	10
17 Zoie Centers	12	Mahtomedi	4-04.00	10
17 Destiny Casey	12	Irondale	4-04.00	10
20 Amilia Bailey	10	Duluth East	4-04.00	8
21 Emma Supina	10	Irondale	4-02.00	7
22 Astoria Jespersion	10	Mahtomedi	4-02.00	6
23 Klara Mink	9	Irondale	4-00.00	5
--- Halle Olson	10	Duluth East	NH	

Event 130 Boys High Jump

Name	Yr	School	Finals	
Finals				
1 Tyce Smith	11	Blaine	6-04.00	27
2 Jordan Reynolds	12	Blaine	6-00.00	26
3 Isaac Ononiwu	11	Spring Lake	5-08.00	25
4 Emanuel Latawicz	12	Forest Lake	5-08.00	23.5
4 Obinna Izuora	12	Irondale	5-08.00	23.5
6 Josh Henderson	9	Forest Lake	5-08.00	22
7 Jonah McCormick	10	Mahtomedi	5-08.00	21
8 Wyatt Lind	9	St Francis	5-06.00	20
9 Andre Hall	12	Cambridge-Is	5-06.00	19
10 Cal Droubie	10	Cambridge-Is	5-04.00	18
11 Reid Olson	10	Forest Lake	5-04.00	17
12 Seth Johnson	12	Spring Lake	5-04.00	16
13 Tre Doran	9	Irondale	5-02.00	15
14 Isaac Zylka	11	St Francis	5-02.00	13
14 Aidan Thibault	11	Duluth East	5-02.00	13
14 Gavin Moore	9	Centennial	5-02.00	13
17 Samuel Mechah	12	Cambridge-Is	5-02.00	11
18 Wyatt Couenhoven	8	Irondale	5-00.00	10
19 Ahmed Ahmed	11	Mahtomedi	5-00.00	9
20 Tate Windhurst	12	Spring Lake	5-00.00	7.5
20 Paavo Rova	10	Duluth East	5-00.00	7.5
--- Riley Wallace	9	Centennial	NH	
--- Fru Nsoh	11	Blaine	NH	
--- Andrew Breien	11	Mahtomedi	NH	
--- Samuel Ashbaugh	11	Duluth East	NH	

Event 131 Girls Pole Vault

Name	Yr	School	Finals	
Finals				
1 Annika Gunderson	12	Forest Lake	11-08.00	27
2 Kaitlyn Staut	11	Spring Lake	10-00.00	26
3 Lulu Semakula	9	Irondale	10-00.00	25
4 Alison Barber	11	Cambridge-Is	9-00.00	24
5 Brynna York	10	Spring Lake	8-06.00	23
6 Averi Wiege	11	Blaine	8-06.00	22
7 Makayla Miles	10	Forest Lake	8-06.00	21
8 Azelle Besemann	8	Irondale	8-06.00	20
9 Katelyn Nellis	8	Forest Lake	8-00.00	17.5
9 Kayla Reid	11	St Francis	8-00.00	17.5
9 Adyson Janacek	11	Centennial	8-00.00	17.5
9 Tiffanie Huynh	10	Spring Lake	8-00.00	17.5
13 Bianca Lott	12	Duluth East	8-00.00	15
14 Madeline Haider	11	Centennial	8-00.00	14
15 Mackenzie Fiedler	10	St Francis	8-00.00	13

Section 5AAA True Team

Forest Lake - 5/10/2022

Results

Finals ... (Event 131 Girls Pole Vault)

Name	Yr	School	Finals
16 Anna Peterson	11	Centennial	7-00.00 10.5
16 Mia Nordberg	10	Irondale	7-00.00 10.5
16 Erin Steinman	11	Mahtomedi	7-00.00 10.5
16 Savanna Lanz	11	St Francis	7-00.00 10.5
20 Isabelle Benton	9	Blaine	7-00.00 8
21 Annabelle Eaton	10	Duluth East	7-00.00 7
22 Abbey Bush	11	Mahtomedi	6-00.00 4.5
22 Lydia Eaton	8	Duluth East	6-00.00 4.5
22 Ella Frieling	11	Blaine	6-00.00 4.5
22 Addison Briske	9	Mahtomedi	6-00.00 4.5
--- Laci Leverty	12	Cambridge-Is	NH
--- Natalia Munoz	11	Cambridge-Is	NH

Event 132 Boys Pole Vault

Name	Yr	School	Finals
1 Micah Wilson	10	Cambridge-Is	13-00.00 27
2 Leif Ziring	11	Duluth East	12-06.00 26
3 Sebastian Santiago	9	Spring Lake	12-00.00 25
4 Riley Wilson	10	Cambridge-Is	12-00.00 24
5 Zach Halvorson	11	Blaine	12-00.00 23
6 Brayden Thompson	11	Forest Lake	12-00.00 22
7 Zarek Khan	11	Irondale	11-06.00 21
8 Nicholas Kneeland	12	St Francis	11-00.00 20
9 Kyle Henrikson	12	Forest Lake	11-00.00 19
10 Kenneth Hollenbeck	12	St Francis	10-06.00 17
10 Matthew Schwartz	11	Forest Lake	10-06.00 17
10 Ethan Krecklau	11	Centennial	10-06.00 17
13 Jon Nelson	12	Mahtomedi	10-06.00 14.5
13 Noah Besemann	11	Irondale	10-06.00 14.5
15 Chase Halvorson	11	Blaine	10-00.00 13
16 John Challander	10	Cambridge-Is	10-00.00 12
17 PJ Marshall	12	Centennial	10-00.00 11
18 Mitchell Babineau	10	Blaine	10-00.00 9.5
18 Wyatt Siess	11	Mahtomedi	10-00.00 9.5
20 Blake Fedie	11	Mahtomedi	10-00.00 8
21 Aidan Thibault	11	Duluth East	10-00.00 7
22 Griffin Gaspersich	11	Spring Lake	9-00.00 5
22 Aziel Bestman	11	Spring Lake	9-00.00 5
22 Aiden Sherer	12	Centennial	9-00.00 5
25 Jacob Tupper	11	St Francis	8-00.00 3
--- Donovan Walker	9	Irondale	NH
--- Tate Johnson	11	Duluth East	NH

Event 133 Girls Shot Put

Name	Yr	School	Finals
1 Arabella Sutch	10	Spring Lake	36-08.00 27
2 Ashley Stewart	11	Spring Lake	35-03.75 26
3 Isabelle Huss	12	Centennial	35-02.50 25
4 Melaina Hayes	12	Irondale	34-10.00 24
5 Temitope Oluwole	12	Blaine	34-03.00 23
6 Sydney Augustin	12	Centennial	34-02.00 22
7 Nkobwa Ngunu	12	Mahtomedi	33-05.50 21

8 Erica Wright	11	Blaine	33-02.00 20
9 Linaya Tubbs	12	Centennial	32-07.50 19
10 Victoria Ball	12	Forest Lake	31-10.00 18
11 Lily Anderson	12	Mahtomedi	30-03.00 17
12 Anna Strupp	12	Forest Lake	30-02.00 15.5
12 Maja Henslin	10	Forest Lake	30-02.00 15.5
14 Reese Jorgenson	11	St Francis	29-10.00 14
15 Aurora Rossiter	12	Irondale	29-06.00 13
16 Alexa Kozlak	12	Mahtomedi	29-02.50 12
17 Genevieve Dabout	9	Spring Lake	28-09.50 11
18 Andrina Gross	10	Cambridge-Is	28-06.25 10
19 Erin Baker	10	Cambridge-Is	28-03.00 9
20 Callie Lane	9	Irondale	27-11.50 8
21 Madilyn Schoer	11	St Francis	27-07.50 7
22 Somnebi Onwubuya	11	Blaine	27-04.25 6
23 Lorelyn Nelson	10	Duluth East	24-11.50 5
24 Christine Hollenbeck	11	St Francis	21-09.00 4
25 Eavan Bobbe	11	Duluth East	21-07.25 3
26 Logan Anderson	11	Duluth East	20-08.00 2

Event 134 Boys Shot Put

Name	Yr	School	Finals
1 Andrew Edwards	11	Blaine	54-11.75 27
2 Aaron Chanthanavong	11	Spring Lake	48-08.75 26
3 Lance Liu	12	Centennial	46-11.75 25
4 Emerson Mandell	10	Irondale	45-09.50 23.5
4 Ethan Lincoln-montanari	11	Forest Lake	45-09.50 23.5
6 Philip Conant	11	St Francis	45-06.50 22
7 Merle Mauer	12	Cambridge-Is	43-07.50 21
8 Tre'vion Mack	11	Irondale	43-03.50 20
9 Lukasz Andrews	12	St Francis	43-00.75 19
10 Caden Johnson	12	Blaine	42-02.00 18
11 Trystian Miller	11	Forest Lake	41-05.00 17
12 Parker Dallek	11	Duluth East	41-01.00 16
13 Nathaniel Weniger	12	Spring Lake	40-08.00 15
14 Howie Johnson	8	Forest Lake	40-07.25 14
15 Gavin Ecker	11	Blaine	40-06.50 13
16 Samuel Hemenway	11	Mahtomedi	40-03.00 12
17 Beau Johnson	11	Spring Lake	40-02.50 11
18 Levi Mauer	10	Cambridge-Is	40-00.75 10
19 Cody Dvorak	11	Mahtomedi	39-04.50 9
20 Charlie Kramer	12	Mahtomedi	38-00.00 8
21 Brady Schubitzke	11	Duluth East	37-06.00 7
22 Skyler Sanders	12	Irondale	37-04.00 6
23 Jonas Breuning	12	Centennial	37-03.00 5
24 John Ziebarth	11	Cambridge-Is	36-09.50 4
25 Samuel Ruid	9	St Francis	36-08.00 3
26 Jake Ball	12	Centennial	35-09.75 2
27 Carter Svobodny	11	Duluth East	32-02.00 1

Event 135 Girls Discus Throw

Name	Yr	School	Finals
1 Ashley Stewart	11	Spring Lake	119-11 27
2 Arabella Sutch	10	Spring Lake	113-11 26

Section 5AAA True Team**Forest Lake - 5/10/2022****Results****Finals ... (Event 135 Girls Discus Throw)**

Name	Yr	School	Finals	
3 Kendall Stadden	11	Blaine	107-07	25
4 Sydney Augustin	12	Centennial	104-09	24
5 Linaya Tubbs	12	Centennial	103-07	23
6 Victoria Ball	12	Forest Lake	103-01	22
7 Melaina Hayes	12	Irondale	102-08	21
8 Aurora Rossiter	12	Irondale	100-11	20
9 Isabella Maloney	11	Forest Lake	100-09	19
10 Madilyn Schoer	11	St Francis	99-03	18
11 Erica Wright	11	Blaine	90-00	17
12 Kamryn Fausone	11	St Francis	87-08	16
13 Caroline Scheid	10	Irondale	85-03	15
14 Maja Henslin	10	Forest Lake	83-08	14
15 Claire Leckner	11	Blaine	79-06	13
16 Isabelle Huss	12	Centennial	76-10	12
17 Andrina Gross	10	Cambridge-Is	76-00	11
18 Erin Baker	10	Cambridge-Is	73-11	10
19 Genevieve Dabout	9	Spring Lake	73-00	9
20 Hannah Bingham	10	Cambridge-Is	72-07	8
21 Tolu Akintola	12	Mahtomedi	72-04	7
22 Alexa Kozlak	12	Mahtomedi	71-10	6
23 Lily Anderson	12	Mahtomedi	69-09	5
24 Lorelyn Nelson	10	Duluth East	57-00	4
25 Logan Anderson	11	Duluth East	54-10	3
26 Eavan Bobbe	11	Duluth East	52-01	2
--- Reese Jorgenson	11	St Francis	ND	

26 Lukasz Andrews	12	St Francis	92-03	2
27 Brady Schubitzke	11	Duluth East	85-10	1

Women - Team Rankings - 18 Events Scored

1) Forest Lake	889.5
2) Blaine	864
3) Spring Lake Park	855.5
4) Mahtomedi	711.5
5) Centennial	700
6) Cambridge-Isanti	642.5
7) Irondale	563
8) Duluth East	497
9) St Francis	247

Men - Team Rankings - 18 Events Scored

1) Forest Lake	1010.5
2) Blaine	952.5
3) Cambridge-Isanti	770
4) Spring Lake Park	674.5
5) Mahtomedi	575
6) Irondale	534.5
7) Centennial	522
8) Duluth East	520.5
9) St Francis	380.5

Event 136 Boys Discus Throw

Name	Yr	School	Finals	
1 Andrew Edwards	11	Blaine	143-07	27
2 John Ziebarth	11	Cambridge-Is	133-06	26
3 Philip Conant	11	St Francis	131-01	25
4 Trystian Miller	11	Forest Lake	130-07	24
5 Lance Liu	12	Centennial	127-02	23
6 Merle Mauer	12	Cambridge-Is	127-00	22
7 Jack Pelky	12	Blaine	124-05	21
8 Tre'vion Mack	11	Irondale	120-02	20
9 Charlie Kramer	12	Mahtomedi	119-00	19
10 Jack Schissler	11	Blaine	118-06	18
11 Cody Dvorak	11	Mahtomedi	117-04	17
12 Jake McConnell	12	Forest Lake	115-02	16
13 Carter Svobodny	11	Duluth East	114-02	15
14 Emerson Mandell	10	Irondale	113-06	14
15 Evan Peterson	10	St Francis	112-04	13
16 Beau Johnson	11	Spring Lake	109-02	12
17 Lucas Daigle	11	Cambridge-Is	107-10	11
18 Palmer Emery	11	Mahtomedi	107-08	9.5
18 Matthew Schwartz	11	Forest Lake	107-08	9.5
20 Dylan Lewis	12	Spring Lake	107-04	8
21 Jake Ball	12	Centennial	106-03	7
22 Parker Dallek	11	Duluth East	105-08	6
23 Erik Vedoy	11	Spring Lake	102-08	5
24 Logan Huss	10	Centennial	101-10	4
25 Deante Johnson	12	Irondale	95-00	3