

2022 Granite Ridge Conference Championship - 5/17/2022**Little Falls High School Track****Results****Event 1 Girls 4x800 Meter Relay**

GRC: 9:48.63 & 5/14/2019 Albany

M. Koglin, K. Kalthoff, O. Goebel, R. Neu

10:06.53 \$ All Conference

Team	Relay	Finals
Finals		
1 Little Falls		10:15.63
1) Rausch, Ella 11	2) Wamre, Grace 9	
3) Smieja, Avery 10	4) Leclair, Grace 8	
2 Foley		10:27.84
1) Hanks, Natalie 11	2) Wheeler, Marley 11	
3) Anderson, Lydia 7	4) Hageman, Alaina 12	
3 Mora		10:44.63
1) Holmgren, Eva 12	2) Anderson, Tayah 10	
3) De Garcia, Annika 10	4) Schwinghamer, Lola 10	
4 Pierz		10:48.27
1) Lochner, Chloe 8	2) Pohlkamp, Billie Maye 9	
3) Leidenfrost, Sophie 8	4) Leidenfrost, Katie 12	
5 Albany		10:50.04
1) Spanier, Emily 12	2) Kalla, Abby 12	
3) Pullins, Alaina 12	4) Goebel, Hope 12	
6 Milaca		11:34.70
1) Braun, Hannah 11	2) Greninger, Addison 10	
3) Christensen, Shaina 11	4) Burma, Athena 11	
7 St Cloud Cathedral		11:42.59
1) Jamison, Emma 9	2) Schultz, Abby 11	
3) Schultz, Melanie 10	4) Blenkush, Lily 10	

Event 2 Boys 4x800 Meter Relay

GRC: 8:05.58 & 5/16/2017 Mora

J. Schwinghamer, A. Sanbeck, Z. Garza, M. Schwingh

8:28.87 \$ All Conference

Team	Relay	Finals
Finals		
1 Zimmerman		8:40.26
1) Gibeau, Cole 11	2) Wick, Tyler 11	
3) Kitzberger, Austin 12	4) Bouley, Joel 11	
2 Foley		8:41.96
1) Kadlec, Gavin 10	2) Kadlec, Zach 12	
3) Novak, Ethan 11	4) Kosiba, Mitchell 12	
3 Mora		9:14.13
1) Marohn, Owen 12	2) Lind, Jack 11	
3) Diethelm, Derrick 12	4) Williams, Alex 10	
4 St Cloud Cathedral		9:28.33
1) Heen, Alex 12	2) Kopka, William 11	
3) Anderson, Owen 10	4) Hanson, Connor 10	
5 Pierz		9:32.31
1) Tax, Nathan 8	2) Becker, Nathan 8	
3) Dodge, Hayden 11	4) Clemons-Virnig, Guy 9	
6 Little Falls		9:34.62
1) Cameron, Noah 8	2) Anez, Abraham 10	
3) Cameron, Kobi 8	4) Moore, Henry 11	
7 Milaca		9:42.78
1) Lange, William 8	2) Nord, William 12	
3) Jergens, Gabriel 10	4) Steinbrecher, Rollie 9	

Event 3 Girls 100 Meter Hurdles

GRC: 15.30 & 5/14/2013 Cassandra Ortberg

16.53 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Schirmers, Danielle	12	Little Falls	15.57QS
2 Kimman, Ashley	11	Pierz	16.20QS
3 Schaefer, Nicole	11	Foley	16.68Q
4 Houdek, Mikayla	12	Little Falls	16.99Q
5 Gave, Kayla	12	Milaca	17.25Q
6 Vigstol, Corrin	12	Mora	17.72Q
7 Nolan, Malae	11	Little Falls	17.70q
8 Hennen, Raelynn	11	Albany	18.24q
9 Dahler, Ava	8	Foley	18.25
10 Adkisson, Madeline	9	Foley	18.26
11 Becker, Hailey	11	Zimmerman	18.39
12 Maus, Veronica	11	Albany	18.55
13 Hanneken, Alexis	9	Pierz	18.61
14 Christiaansen, Pieper	11	Zimmerman	18.88
15 Watry, Mary	9	St Cloud Cat	18.91
16 Sluis, Addison	9	Milaca	18.99
17 Scherping, Anna	9	Albany	19.18
18 Myrum, Abri	9	Pierz	20.26
19 Inman, Taylor	8	Zimmerman	22.16

Event 3 Girls 100 Meter Hurdles

GRC: 15.30 & 5/14/2013 Cassandra Ortberg

16.53 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Schirmers, Danielle	12	Little Falls	15.40 \$
2 Kimman, Ashley	11	Pierz	15.90 \$
3 Schaefer, Nicole	11	Foley	16.65
4 Gave, Kayla	12	Milaca	17.06
5 Houdek, Mikayla	12	Little Falls	17.37
6 Vigstol, Corrin	12	Mora	17.76
7 Nolan, Malae	11	Little Falls	17.78
8 Hennen, Raelynn	11	Albany	18.12

Event 4 Boys 110 Meter Hurdles

GRC: 15.04 & 5/14/2019 David Myres

16.51 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Cheney, Jonathan	11	Pierz	16.31QS
2 Peterson, Tayven	11	Mora	16.54Q
3 Kutzera, Emanuel	11	St Cloud Cat	16.95Q
4 Tschida, Wyatt	11	Zimmerman	17.66Q
5 Thell, Mitch	11	Foley	18.14Q
6 Kuske, Caleb	12	Pierz	18.44Q
7 Stich, Grant	11	Little Falls	19.34q
8 Boyle, Travis	11	Foley	19.70q
9 Vaale, Corbin	9	Zimmerman	19.80

2022 Granite Ridge Conference Championship - 5/17/2022

Little Falls High School Track

Results

Preliminaries ... (Event 4 Boys 110 Meter Hurdles)

Name	Yr	School	Prelims
10 Tenold, Jacob	11	Little Falls	19.82
11 Brezinka, Landin	9	Pierz	19.99
12 Hultman, Harrison	9	Milaca	20.72
13 Miley, Quinn	11	St Cloud Cat	20.87
14 Knopik, Thomas	10	Little Falls	21.31

Event 4 Boys 110 Meter Hurdles

GRC: 15.04 & 5/14/2019 David Myres
16.51 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Peterson, Tayven	11	Mora	16.04 \$
2 Cheney, Jonathan	11	Pierz	16.65
3 Kutzera, Emanuel	11	St Cloud Cat	16.97
4 Tschida, Wyatt	11	Zimmerman	17.89
5 Thell, Mitch	11	Foley	17.90
6 Kuske, Caleb	12	Pierz	18.54
7 Stich, Grant	11	Little Falls	19.19
8 Boyle, Travis	11	Foley	19.66

Event 5 Girls 100 Meter Dash

GRC: 12.52 & 5/15/2012 Claire Gapinski
13.37 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Osborne, Piper	11	Foley	13.28Q\$
2 Schueller, Hope	11	St Cloud Cat	13.34Q\$
3 Bockoven, Taylar	8	Milaca	13.39Q
4 Savard, Sunny	12	Little Falls	13.47Q
5 Gruber, Claire	8	Pierz	13.64Q
6 Mikla, Reina	11	Milaca	13.79Q
7 Ennis, Parker	10	Mora	13.53q
8 Salaski, Erika	8	St Cloud Cat	13.65q
9 Hoffarth, Brooke	11	Albany	13.85
10 Thorsten, Liz	8	Foley	14.14
11 Gruber, Avery	9	Pierz	14.16
12 Nelson, Alyssa	9	Mora	14.22
13 Kalthoff, Laina	7	Albany	14.38
14 Magee, Brenna	11	Little Falls	14.59
15 Knosalla, Shelby	10	Foley	14.80
16 Johnson, Raimee	12	Albany	14.81
17 Bakke, Kara	11	Pierz	14.89
18 Gardas, Grace	10	Zimmerman	15.18
19 Holmgren, Molly	11	Mora	15.20
20 Corrow, Taylor	12	Milaca	15.97
21 Brouhard, Gwen	9	Zimmerman	16.35
22 Duvall, Josephine	10	Zimmerman	16.53

Event 5 Girls 100 Meter Dash

GRC: 12.52 & 5/15/2012 Claire Gapinski
13.37 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Schueller, Hope	11	St Cloud Cat	13.04 \$
2 Osborne, Piper	11	Foley	13.14 \$
3 Bockoven, Taylar	8	Milaca	13.38
4 Ennis, Parker	10	Mora	13.65
5 Gruber, Claire	8	Pierz	13.69
6 Savard, Sunny	12	Little Falls	13.69
7 Mikla, Reina	11	Milaca	13.73
8 Salaski, Erika	8	St Cloud Cat	13.92

Event 6 Boys 100 Meter Dash

GRC: 11.05 & 5/14/2013 Tyler Beehler
11.66 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Morris, Evan	10	Foley	11.60Q\$
2 Lahn, Blake	12	Zimmerman	11.90Q
3 Schoenborn, Jack	11	Milaca	11.96Q
4 Lindaman, Chase	12	Mora	11.98Q
5 Wisted, Carter	10	Foley	12.00Q
6 Hughes, Mark	10	Little Falls	12.12Q
7 Barrow, Luke	11	Albany	12.16q
8 Davis, Trey	10	Little Falls	12.27q
9 Pool, Luke	10	Zimmerman	12.28
10 Jackson, Ethan	12	Milaca	12.28
11 Hintz, Jeremy	12	Little Falls	12.31
12 Crumley, Gavin	10	Albany	12.34
13 Ehlert, Cameron	11	St Cloud Cat	12.55
14 Pfannenstern, Lucas	12	St Cloud Cat	12.66
15 Beehler, Gage	9	Foley	12.66
16 Bockoven, Hunter	11	Milaca	13.02
17 Southerland, Maverick	9	Mora	13.05
18 Koch, Caleb	9	Pierz	13.22
19 Stangl, Kyle	9	Pierz	13.27
20 Fleege, Blake	10	St Cloud Cat	13.45
21 Thompson, Tate	8	Zimmerman	14.17

Event 6 Boys 100 Meter Dash

GRC: 11.05 & 5/14/2013 Tyler Beehler
11.66 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Morris, Evan	10	Foley	11.63 \$
2 Lahn, Blake	12	Zimmerman	11.77
3 Lindaman, Chase	12	Mora	11.95
4 Schoenborn, Jack	11	Milaca	12.06
5 Barrow, Luke	11	Albany	12.12
6 Wisted, Carter	10	Foley	12.18
7 Hughes, Mark	10	Little Falls	12.32
8 Davis, Trey	10	Little Falls	12.58

2022 Granite Ridge Conference Championship - 5/17/2022

Little Falls High School Track

Results

Event 7 Girls 4x200 Meter Relay

GRC: 1:48.91 & 4/17/2016 Mora

A. Eustice, A. Altman, C. Pegg, T. Klink

1:49.68 \$ All Conference

Team	Relay	Finals
Finals		
1	St Cloud Cathedral	1:50.25
	1) Salaski, Erika 8	2) Pelzel, Ellie 12
	3) Vega, Julia 8	4) Schueller, Hope 11
2	Albany	1:50.69
	1) Hoffarth, Brooke 11	2) Koglin, Megan 12
	3) Hoffarth, Trista 10	4) Klein, Hannah 9
3	Mora	1:51.49
	1) Yoder, Katie 12	2) Vigstol, Corrin 12
	3) Anderson, Ella 12	4) Ennis, Parker 10
4	Little Falls	1:51.96
	1) Savard, Sunny 12	2) Swanson, Adrianna 9
	3) Herdering, Avery 10	4) Reis, Halle 11
5	Foley	1:52.01
	1) Osborne, Piper 11	2) Graham, Lydia 8
	3) Dohrmann, Laura 10	4) Rudnitski, Adelyn 9
6	Pierz	1:55.64
	1) Hanneken, Alexis 9	2) Algarin, Mahalia 9
	3) Gruber, Claire 8	4) Gall, Evalie 8
7	Zimmerman	1:58.35
	1) Christiaansen, Pieper 11	2) Swanson, Claire 8
	3) Paulsen, Samantha 11	4) Katter, Grace 9
8	Milaca	2:00.00
	1) Gave, Kayla 12	2) Sahlstrom, Bella 9
	3) Blake, Kylie 12	4) Sluis, Addison 9

Event 8 Boys 4x200 Meter Relay

GRC: 1:31.46 & 5/17/2016 Foley

H. Beehler, D. Bialke, R. Kurth, C. O'Neil

1:33.75 \$ All Conference

Team	Relay	Finals
Finals		
1	Little Falls	1:35.22
	1) Hughes, Mark 10	2) Olson, Isaac 10
	3) Poser, Ethan 12	4) LeClair, Hank 10
2	Foley	1:36.64
	1) Beehler, Gage 9	2) David, Chase 9
	3) Ruhoff, Caden 12	4) Wisted, Carter 10
3	Albany	1:37.33
	1) Panek, Cole 11	2) Barrow, Luke 11
	3) Garding, Riley 11	4) Noska, Isaac 12
4	Zimmerman	1:38.34
	1) Spence, Mason 8	2) Neubauer, Gavin 12
	3) Gibeau, Cole 11	4) Sabinske, Chase 11
5	St Cloud Cathedral	1:38.71
	1) Ehlert, Cameron 11	2) Kutzera, Emanuel 11
	3) Plante, Jacob 10	4) Newiger, Blake 10
6	Pierz	1:39.20
	1) Gross, Travis 11	2) Stangl, Derek 11
	3) Kuske, Caleb 12	4) Jones, Aiden 9

7	Mora	1:39.32
	1) Peterson, Tayven 11	2) Lindaman, Chase 12
	3) Rudek, Austin 12	4) Gmahl, Connor 11
8	Milaca	1:40.49
	1) Kuperus, Dutch 10	2) Patnode, Jack 9
	3) Pratkan, Trent 11	4) Hasz, Trace 11

Event 9 Girls 1600 Meter Run

GRC: 4:59.56 & 5/17/2022 Olivia Goebel

5:24.61 \$ All Conference

Name	Yr	School	Finals
Finals			
1	Goebel, Olivia	10 Albany	4:59.56&\$
2	Reuter, Sara	11 St Cloud Cat	5:37.38
3	Corbett, Meghan	12 St Cloud Cat	5:38.78
4	Anderson, Lydia	7 Foley	5:41.71
5	Jamison, Lilly	8 St Cloud Cat	5:43.34
6	Anez, Ayla	8 Little Falls	5:43.74
7	Wamre, Grace	9 Little Falls	5:47.56
8	Rausch, Ella	11 Little Falls	5:47.79
9	Opsahl, Peyton	12 Zimmerman	5:53.26
10	Petrouski, Macy	10 Foley	6:10.83
11	Pullins, Jazmin	11 Albany	6:12.75
12	Wheeler, Marley	11 Foley	6:14.66
13	Theis, Kadynce	9 Pierz	6:18.15
14	Olesch, Kaleah	11 Pierz	6:28.82
15	Berwald, Jordyn	9 Zimmerman	6:32.36
16	Christensen, Shaina	11 Milaca	6:36.94
17	Bolt, Kate	12 Milaca	6:37.93
18	Stanina, Brianna	9 Zimmerman	6:42.55
19	Johnson, Elizabeth	12 Albany	6:44.65
20	Carlson, Brittany	9 Milaca	6:49.39
21	Kerr, Nora	10 Mora	6:57.64
22	Niskanen, Margo	12 Mora	7:19.04
---	Anderson, Tayah	10 Mora	SCR

Event 10 Boys 1600 Meter Run

GRC: 4:21.29 & 5/13/2014 Nick Golebiowski

4:39.06 \$ All Conference

Name	Yr	School	Finals
Finals			
1	Ebel, Henry	11 St Cloud Cat	4:29.57 \$
2	Mayers, Grant	12 Albany	4:31.12 \$
3	Schwalbe, Carter	10 Albany	4:45.90
4	Fromelt, Benjamin	11 St Cloud Cat	4:46.55
5	Tomczik, Maxwell	12 St Cloud Cat	4:48.78
6	VanHeel, Ray	8 Albany	5:03.13
7	Kadlec, Gavin	10 Foley	5:16.23
8	Steinbrecher, Rollie	9 Milaca	5:16.77
9	Clemons-Virrig, Guy	9 Pierz	5:16.89
10	Mix, Noah	9 Foley	5:24.48
11	Larsen, Baylon	10 Little Falls	5:25.93
12	Westphal, Luke	11 Zimmerman	5:31.59
13	Anderson, Ted	11 Mora	5:35.07
14	Lind, Jack	11 Mora	5:41.65
15	Archer, Thomas	11 Little Falls	5:44.63

2022 Granite Ridge Conference Championship - 5/17/2022

Little Falls High School Track

Results

Finals ... (Event 10 Boys 1600 Meter Run)

Name	Yr	School	Finals
16 Jergens, Gabriel	10	Milaca	5:45.06
17 Nelson, Drake	10	Zimmerman	5:48.00
18 Jenc, Brodrick	10	Zimmerman	5:48.27
19 Leom, Thomas	10	Milaca	5:51.18

Event 11 Girls 4x100 Meter Relay

GRC: 51.37 & 5/17/2022 Milaca

R Mikla, E Evans, F Freese, T Bockoven

52.50 \$ All Conference

Team	Relay	Finals
------	-------	--------

Finals

1 Milaca	51.37&\$
1) Mikla, Reina 11	2) Evans, Esther 9
3) Freese, Frannie 10	4) Bockoven, Taylor 8
2 Foley	52.38 \$
1) Thorsten, Liz 8	2) Osborne, Piper 11
3) Graham, Lydia 8	4) Novak, Emily 10
3 Little Falls	53.27
1) Savard, Sunny 12	2) Swanson, Adrianna 9
3) Reis, Halle 11	4) Houdek, Mikayla 12
4 Pierz	53.55
1) Hanneken, Alexis 9	2) Gruber, Avery 9
3) Gruber, Claire 8	4) Gall, Evalie 8
5 Albany	54.01
1) Hoffarth, Brooke 11	2) Hoffarth, Trista 10
3) Koglin, Megan 12	4) Kalthoff, Laina 7
6 Mora	55.10
1) Nelson, Alyssa 9	2) Houglum, Nora 10
3) Schritz, Elli 12	4) Yoder, Katie 12
7 Zimmerman	56.09
1) Gardas, Grace 10	2) Rotz, Marissa 10
3) Paulsen, Samantha 11	4) Katter, Grace 9
8 St Cloud Cathedral	56.46
1) Torborg, Ava 11	2) Wahlin, Mara 9
3) Watry, Mary 9	4) Jones, Destinee 9

Event 12 Boys 4x100 Meter Relay

GRC: 44.02 & 5/17/2016 Foley

H. Beehler, S. Elwell, R. Kurth, C. O'Neil

45.16 \$ All Conference

Team	Relay	Finals
------	-------	--------

Finals

1 Foley	44.95 \$
1) Bosshart, Levi 11	2) Morris, Evan 10
3) Ruhoff, Caden 12	4) Piepgras, Ryan 12
2 Little Falls	45.70
1) Hughes, Mark 10	2) Olson, Isaac 10
3) Poser, Ethan 12	4) LeClair, Hank 10
3 Milaca	46.37
1) Jackson, Ethan 12	2) Hasz, Trace 11
3) Schoenborn, Jack 11	4) Kvien, Jackson 12
4 Zimmerman	46.57
1) Sabinske, Chase 11	2) Pool, Luke 10
3) Spence, Mason 8	4) Lahn, Blake 12

5 Albany 46.78

1) Barrow, Luke 11 2) Garding, Riley 11

3) Crumley, Gavin 10 4) Panek, Cole 11

6 Mora 47.84

1) Southerland, Maverick 9 2) Peterson, Brock 10

3) Bankers, Josh 11 4) Rudek, Austin 12

7 Pierz 49.28

1) Stangl, Kyle 9 2) Guillen, Diego 12

3) Koch, Caleb 9 4) Jones, Aiden 9

8 St Cloud Cathedral 50.26

1) Fleege, Blake 10 2) Tetrault, Evan 10

3) Pfannenstein, Lucas 12 4) Lochen, Ethan 12

Event 13 Girls 400 Meter Dash

GRC: 59.94 & 5/17/2022 Hailee Zimpel

1:02.43 \$ All Conference

Name	Yr	School	Finals
------	----	--------	--------

Finals

1 Zimpel, Hailee	11	Zimmerman	59.94&\$
2 Neuhart, Triniti	12	Milaca	1:01.89 \$
3 Pelzel, Ellie	12	St Cloud Cat	1:02.93
4 Vega, Julia	8	St Cloud Cat	1:03.03
5 Rudnitski, Adelyn	9	Foley	1:04.17
6 Uchiha, Tamari	8	Little Falls	1:04.81
7 Felix, Liz	11	St Cloud Cat	1:05.29
8 Leidenfrost, Katie	12	Pierz	1:05.55
9 Koglin, Megan	12	Albany	1:05.74
10 Lochner, Maddie	10	Pierz	1:06.67
11 Algarin, Mahalia	9	Pierz	1:06.70
12 Latterell, Kaitlyn	9	Foley	1:08.48
13 Gorseger, Bailey	11	Mora	1:08.55
14 Baron, Madison	11	Foley	1:09.12
15 Smieja, Ellie	11	Little Falls	1:10.56
16 Anderson, Ava	12	Little Falls	1:10.79
17 Pullins, Alaina	12	Albany	1:12.81
18 Hoebelheinrich, Chase	10	Milaca	1:14.09
19 Moe, Annelise	10	Mora	1:15.01
20 Johnson, Haley	12	Zimmerman	1:20.23
--- Hayes, Natalie	11	Zimmerman	SCR

Event 14 Boys 400 Meter Dash

GRC: 49.41 & 5/15/2018 Cal Wright

52.11 \$ All Conference

Name	Yr	School	Finals
------	----	--------	--------

Finals

1 Eickhoff, Jacob	11	St Cloud Cat	51.37 \$
2 Noska, Isaac	12	Albany	52.40
3 Bouley, Joel	11	Zimmerman	53.57
4 Kosiba, Mitchell	12	Foley	53.78
5 Stangl, Derek	11	Pierz	54.12
6 Gmahl, Connor	11	Mora	54.37
7 Larsen, Isaac	11	Little Falls	54.39
8 Fromelt, Benjamin	11	St Cloud Cat	54.54
9 Kvien, Jackson	12	Milaca	55.67
10 Fiedler, Hunter	10	Zimmerman	56.00
11 Abraham, Caleb	10	Albany	56.03

2022 Granite Ridge Conference Championship - 5/17/2022

Little Falls High School Track

Results

Finals ... (Event 14 Boys 400 Meter Dash)

Name	Yr	School	Finals
12 David, Chase	9	Foley	56.20
13 Gross, Travis	11	Pierz	56.50
14 Plante, Jacob	10	St Cloud Cat	56.98
15 Olson, Jonah	11	Little Falls	57.20
16 Dodge, Hayden	11	Pierz	57.57
17 Davis, Trey	10	Little Falls	58.16
18 Patnode, Jack	9	Milaca	58.31
19 Novak, Tom	10	Foley	1:00.44
20 Trigg, Samson	10	Milaca	1:01.04

Event 15 Girls 300 Meter Hurdles

GRC: 45.67 & 5/12/2012 Cassandra Ortberg
49.67 \$ All Conference

Name	Yr	School	Finals
1 Schaefer, Nicole	11	Foley	48.06 \$
2 Kimman, Ashley	11	Pierz	48.43 \$
3 Gave, Kayla	12	Milaca	49.37 \$
4 Schirmers, Danielle	12	Little Falls	50.66
5 Houdek, Mikayla	12	Little Falls	51.04
6 Nolan, Malae	11	Little Falls	51.13
7 Greenwaldt, Bryn	12	Foley	51.59
8 Jamison, Emma	9	St Cloud Cat	51.91
9 Evans, Esther	9	Milaca	52.26
10 Anderson, Ella	12	Mora	52.76
11 Hennen, Raelynn	11	Albany	53.50
12 Sluis, Addison	9	Milaca	54.12
13 Christiaansen, Pieper	11	Zimmerman	54.83
14 Adkisson, Madeline	9	Foley	55.07
15 Maus, Veronica	11	Albany	55.92
16 Scherping, Anna	9	Albany	56.80
17 Watry, Mary	9	St Cloud Cat	57.35
18 Becker, Hailey	11	Zimmerman	57.56
19 Marshik, Halle	10	Pierz	57.99
20 Virnig, Abigail	8	Pierz	58.01

Event 16 Boys 300 Meter Hurdles

GRC: 39.96 & 5/14/2019 David Myres
43.35 \$ All Conference

Name	Yr	School	Finals
1 Kutzera, Emanuel	11	St Cloud Cat	41.97 \$
2 Peterson, Tayven	11	Mora	42.53 \$
3 Cheney, Jonathan	11	Pierz	43.78
4 Kuske, Caleb	12	Pierz	45.66
5 Tschida, Wyatt	11	Zimmerman	46.53
6 Thell, Mitch	11	Foley	47.66
7 Hasz, Trace	11	Milaca	47.83
8 Vaale, Corbin	9	Zimmerman	47.83
9 Miley, Quinn	11	St Cloud Cat	48.75
10 Stich, Grant	11	Little Falls	49.00
11 Poser, Kaleb	7	Pierz	49.60
12 Cameron, Kobi	8	Little Falls	50.43
13 Boyle, Travis	11	Foley	52.34

14 Hultman, Harrison	9	Milaca	52.57
15 Tenold, Jacob	11	Little Falls	53.93

Event 17 Girls 800 Meter Run

GRC: 2:20.41 & 5/17/2022 Hailee Zimpel
2:25.85 \$ All Conference

Name	Yr	School	Finals
1 Zimpel, Hailee	11	Zimmerman	2:20.41&\$
2 Schad, Clara	10	St Cloud Cat	2:23.47 \$
3 Leclair, Grace	8	Little Falls	2:26.06
4 Mondloch, Addie	8	St Cloud Cat	2:27.89
5 Hageman, Alaina	12	Foley	2:31.95
6 Hanks, Natalie	11	Foley	2:33.02
7 Leidenfrost, Sophie	8	Pierz	2:37.10
8 Smieja, Avery	10	Little Falls	2:37.84
9 De Garcia, Annika	10	Mora	2:38.07
10 Reuter, Katherine	8	St Cloud Cat	2:38.14
11 Schwinghamer, Lola	10	Mora	2:38.84
12 Ballou, Elise	9	Little Falls	2:39.70
13 Swanson, Claire	8	Zimmerman	2:39.92
14 Spanier, Emily	12	Albany	2:43.92
15 Litke, Morgan	8	Pierz	2:44.79
16 Andres, Eden	9	Pierz	2:45.92
17 Goebel, Hope	12	Albany	2:48.57
18 Zawacki, Mya	10	Foley	2:48.72
19 Greninger, Addison	10	Milaca	2:50.56
20 Qual, Karla	10	Mora	2:51.70
21 Fournier, Mackenzie	10	Milaca	2:56.61
22 Burma, Athena	11	Milaca	2:57.70
23 Johnson, Elizabeth	12	Albany	3:03.96
24 Johnson, Haley	12	Zimmerman	3:16.54

Event 18 Boys 800 Meter Run

GRC: 1:58.43 & 5/13/2014 Nick Golebiowski
2:04.14 \$ All Conference

Name	Yr	School	Finals
1 Schad, Turner	12	St Cloud Cat	1:58.97 \$
2 Mayers, Grant	12	Albany	2:01.84 \$
3 Uy, Andrew	10	St Cloud Cat	2:05.20
4 Kadlec, Zach	12	Foley	2:08.08
5 Scanlon, Owen	11	St Cloud Cat	2:09.74
6 Larsen, Isaac	11	Little Falls	2:13.33
7 Lange, William	8	Milaca	2:15.82
8 VanHeel, Ray	8	Albany	2:18.17
9 Anez, Abraham	10	Little Falls	2:20.17
10 Marohn, Owen	12	Mora	2:20.29
11 Jacobson, Jonah	10	Mora	2:22.05
12 Moore, Henry	11	Little Falls	2:24.46
13 Asher, Ethan	9	Milaca	2:25.55
14 Johnson, Torren	9	Zimmerman	2:25.97
15 Becker, Nathan	8	Pierz	2:27.43
16 Nieman, Paul	7	Pierz	2:29.80
17 Wick, Tyler	11	Zimmerman	2:30.49

2022 Granite Ridge Conference Championship - 5/17/2022

Little Falls High School Track

Results

Event 19 Girls 200 Meter Dash

GRC: 25.70 & 5/15/2012 Claire Gapinski
27.61 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Schueller, Hope	11	St Cloud Cat	26.93 \$
2 Evans, Esther	9	Milaca	27.60 \$
3 Bockoven, Taylar	8	Milaca	27.70
4 Graham, Lydia	8	Foley	27.88
5 Klein, Hannah	9	Albany	28.13
6 Swanson, Adrianna	9	Little Falls	28.36
7 Ennis, Parker	10	Mora	28.47
8 Reis, Halle	11	Little Falls	28.48
9 Yoder, Katie	12	Mora	28.54
10 Uchiha, Tamari	8	Little Falls	28.55
11 Greenwaldt, Sage	8	Foley	28.56
12 Vigstol, Corrin	12	Mora	28.70
13 Salaski, Erika	8	St Cloud Cat	28.85
14 Gall, Evalie	8	Pierz	28.92
15 Gahler, Maya	7	Pierz	28.97
16 Dohrmann, Laura	10	Foley	29.04
17 Lochner, Maddie	10	Pierz	29.36
18 Lobitz, Alyssa	12	Albany	30.23
19 Albany, Girl 1		Albany	30.55
20 Reuter, Elliana	8	St Cloud Cat	33.42
21 Duvall, Josephine	10	Zimmerman	34.17
22 Orsi, Livia	12	Milaca	34.74
23 Acker, Amelia	11	Zimmerman	36.27

Event 20 Boys 200 Meter Dash

GRC: 22.14 & 5/14/2013 Tyler Beehler
23.34 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Eickhoff, Jacob	11	St Cloud Cat	23.25 \$
2 LeClair, Hank	10	Little Falls	23.49
3 Morris, Evan	10	Foley	23.95
4 Piepgras, Ryan	12	Foley	24.20
5 Olson, Isaac	10	Little Falls	24.32
6 Schoenborn, Jack	11	Milaca	24.59
7 Newiger, Blake	10	St Cloud Cat	24.71
8 Cheney, Jonathan	11	Pierz	24.75
9 Stangl, Derek	11	Pierz	24.85
10 Spence, Mason	8	Zimmerman	24.91
11 Gmahl, Connor	11	Mora	25.04
12 Rudek, Austin	12	Mora	25.27
13 Garding, Riley	11	Albany	25.27
14 Wisted, Carter	10	Foley	25.31
15 Crumley, Gavin	10	Albany	25.33
16 Kuperus, Dutch	10	Milaca	25.72
17 Davis, Trey	10	Little Falls	26.15
18 Koch, Caleb	9	Pierz	26.90
19 Wick, Wyatt	8	Zimmerman	29.21
20 Schultz, Tim	10	Zimmerman	29.56
21 Thelen, Jarrett	11	St Cloud Cat	29.69

--- Bistodeau, Jordan 10 Milaca SCR

Event 21 Girls 3200 Meter Run

GRC: 10:41.81 & 5/17/2022 Olivia Goebel
12:11.45 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Goebel, Olivia	10	Albany	10:41.81&\$
2 Baker, Emily	10	Zimmerman	12:15.87
3 Andres, Carissa	11	Pierz	12:36.46
4 Holmgren, Eva	12	Mora	12:36.64
5 Anez, Ayla	8	Little Falls	12:40.95
6 Tenold, Valerie	9	Little Falls	13:06.31
7 Kowalczyk, Emma	8	Pierz	13:07.02
8 Ahlin, Elizabeth	11	Little Falls	13:18.20
9 Braun, Holly	10	Foley	13:23.21
10 Peters, Lindsay	9	Zimmerman	13:39.49
11 Pullins, Jazmin	11	Albany	13:42.57
12 Mckinnon, Brianna	12	Mora	13:43.12
13 Kalla, Abby	12	Albany	13:47.15
14 Braun, Kayla	12	Foley	13:59.64
15 Sachs, Lillian	10	Foley	14:25.14
16 Schultz, Abby	11	St Cloud Cat	15:01.81
17 Jacobson, Ella	10	St Cloud Cat	15:45.72

Event 22 Boys 3200 Meter Run

GRC: 9:38.35 & 5/15/2012 Charlie Lawrence
10:27.53 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Schwalbe, Carter	10	Albany	10:34.12
2 Ward, Griffen	10	St Cloud Cat	10:38.07
3 Tax, Nathan	8	Pierz	10:48.49
4 Williams, Alex	10	Mora	10:57.97
5 Diethelm, Derrick	12	Mora	11:12.20
6 Betsinger, Wyatt	7	Pierz	11:12.95
7 Kopka, William	11	St Cloud Cat	11:17.90
8 Holewa, Preston	8	Foley	11:22.18
9 Cameron, Noah	8	Little Falls	11:26.21
10 Eibensteiner, Keegan	9	Albany	11:31.43
11 Becker, Antonio	10	Little Falls	11:33.74
12 Jennissen, Zack	12	Foley	11:35.11
13 McKinnon, Braden	9	Mora	11:38.73
14 Schilling, Steven	9	Little Falls	12:05.50
15 Amundson, Ajay	10	St Cloud Cat	12:19.89
--- Nord, William	12	Milaca	SCR

Event 23 Girls 4x400 Meter Relay

GRC: 4:12.79 & 5/15/2018 Albany
R. Neu, A. Kollodge, E. Seiler, H. Mayers
4:16.31 \$ All Conference

Team	Relay	Finals
Finals		
1 Foley		4:16.65
1) Schaefer, Nicole 11	2) Rudnitski, Adelyn 9	
3) Hageman, Alaina 12	4) Dohrmann, Laura 10	

2022 Granite Ridge Conference Championship - 5/17/2022

Little Falls High School Track

Results

Finals ... (Event 23 Girls 4x400 Meter Relay)

Team	Relay	Finals
2 St Cloud Cathedral		4:17.61
1) Corbett, Meghan 12	2) Felix, Liz 11	
3) Mondloch, Addie 8	4) Schad, Clara 10	
3 Little Falls		4:28.20
1) Leclair, Grace 8	2) Becker, Dayna 10	
3) Uchiha, Tamari 8	4) Smieja, Ellie 11	
4 Pierz		4:31.97
1) Lochner, Chloe 8	2) Algarin, Mahalia 9	
3) Leidenfrost, Katie 12	4) Leidenfrost, Sophie 8	
5 Zimmerman		4:34.13
1) Hayes, Natalie 11	2) Katter, Grace 9	
3) Opsahl, Peyton 12	4) Zimpel, Hailee 11	
6 Milaca		4:39.45
1) Neuhart, Trinita 12	2) Linden, Ellie 9	
3) Anderson, Alexa 9	4) Braun, Hannah 11	
7 Albany		4:43.27
1) Hennen, Raelynn 11	2) Goebel, Hope 12	
3) Pullins, Alaina 12	4) Kalthoff, Laina 7	
8 Mora		4:44.70
1) Gorsegner, Bailey 11	2) Holmgren, Molly 11	
3) Qual, Karla 10	4) Nelson, Alyssa 9	

Event 24 Boys 4x400 Meter Relay

GRC: 3:28.63 & 5/15/2018 Becker

S. Boros, J. Gruenes, J. Kringler, K. Andres

3:32.49 \$ All Conference

Team	Relay	Finals
1 St Cloud Cathedral		3:29.90 \$
1) Ebel, Henry 11	2) Uy, Andrew 10	
3) Schad, Turner 12	4) Eickhoff, Jacob 11	
2 Zimmerman		3:32.73
1) Lahn, Blake 12	2) Kitzberger, Austin 12	
3) Wick, Tyler 11	4) Bouley, Joel 11	
3 Albany		3:38.81
1) Panek, Cole 11	2) Mayers, Grant 12	
3) VanHeel, Ray 8	4) Noska, Isaac 12	
4 Foley		3:38.92
1) David, Chase 9	2) Kosiba, Mitchell 12	
3) Piepgras, Ryan 12	4) Ruhoff, Caden 12	
5 Little Falls		3:47.30
1) Larsen, Isaac 11	2) Petrowitz, Mason 12	
3) Poser, Ethan 12	4) Olson, Jonah 11	
6 Milaca		3:49.10
1) Pratkan, Trent 11	2) Patnode, Jack 9	
3) Kvien, Jackson 12	4) Lange, William 8	
7 Pierz		4:03.08
1) Dodge, Hayden 11	2) Pawlu, Austin 9	
3) Poser, Kaleb 7	4) Stangl, Kyle 9	
8 Mora		4:16.26
1) Lind, Jack 11	2) Jacobson, Jonah 10	
3) Anderson, Ted 11	4) Marohn, Owen 12	

Event 25 Girls Shot Put

GRC: 41-09 & 5/15/2012 Cassandra Cardinal

33-09.75 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Schirmers, Danielle	12	Little Falls	30-09.50q
2 Paulsen, Samantha	11	Zimmerman	30-02.25q
3 Duevel, Ella	10	Foley	29-10.50q
4 LeBlanc, Sadie	11	Little Falls	29-09.00q
5 Hanson, Lily	11	Mora	29-03.75q
6 Hanisch, Carolyn	10	St Cloud Cat	28-02.75q
7 Larson, Kate	10	St Cloud Cat	28-02.25q
8 Nolan, Bridget	10	Mora	27-08.50q
9 Lochner, Ellie	12	Pierz	27-04.00q
10 Gustafson, Berit	10	Little Falls	27-02.25
11 Truebenbach, Elaine	11	Milaca	26-11.50
12 Trembath, Rayla	9	Zimmerman	26-07.00
13 Lewandowski, Abigail	12	Foley	25-10.50
14 Skiba, Allison	10	Pierz	25-10.25
15 Struffert, Dana	12	Foley	25-10.00
16 Lange, Kiley	8	Albany	25-07.00
17 Brau, Samantha	11	Pierz	25-03.50
18 Faber, Ellie	12	Mora	25-01.75
19 Hupalo, Tatum	11	Zimmerman	24-04.50
20 Neely, Emma	11	Milaca	24-00.50
21 Boeckermann, Cassidy	12	Albany	23-05.25
22 Dirkes, Presley	11	Albany	23-03.00
23 Gerrard, Jenaya	11	Milaca	22-07.50
24 Halstrom, Maddie	10	St Cloud Cat	18-09.75

Event 25 Girls Shot Put

GRC: 41-09 & 5/15/2012 Cassandra Cardinal

33-09.75 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Schirmers, Danielle	12	Little Falls	32-08.00
2 LeBlanc, Sadie	11	Little Falls	31-04.00
3 Paulsen, Samantha	11	Zimmerman	30-06.25
4 Duevel, Ella	10	Foley	29-10.50
5 Hanson, Lily	11	Mora	29-06.25
6 Hanisch, Carolyn	10	St Cloud Cat	29-02.75
7 Larson, Kate	10	St Cloud Cat	28-02.25
8 Nolan, Bridget	10	Mora	27-08.50
9 Lochner, Ellie	12	Pierz	27-04.00

Event 26 Boys Shot Put

GRC: 55-05 & 5/13/2014 Trysten Ross

44-11.25 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Oberfeld, Ian	11	Pierz	43-11.25q
2 Brezinka, Kolby	12	Pierz	43-03.25q
3 Bockoven, Hunter	11	Milaca	43-01.00q
4 Duevel, Teagan	11	Foley	42-01.75q
5 Dahlberg, Noah	11	Little Falls	40-08.50q

2022 Granite Ridge Conference Championship - 5/17/2022

Little Falls High School Track

Results

Preliminaries ... (Event 26 Boys Shot Put)

Name	Yr	School	Prelims
6 Swisher, Evan	12	Little Falls	39-08.50q
7 Boyle, Travis	11	Foley	39-00.00q
8 Dingmann, Wyatt	10	Pierz	38-09.00q
9 Ash, Logan	11	Milaca	38-08.50q
10 Bialke, Brock	12	Foley	38-05.50
11 Anderson, Josh	12	Zimmerman	38-00.50
12 Maegi, Curtis	9	Mora	37-08.75
13 Vaale, Aidan	11	Zimmerman	37-05.50
14 Shanoff, Gabe	10	Little Falls	37-03.00
15 Tetrault, Evan	10	St Cloud Cat	37-01.00
16 McClanahan, Devin	10	Mora	36-03.00
17 Lecy, Tayte	12	Albany	35-01.00
18 Berwald, Chase	11	Zimmerman	33-09.00
19 Ash, Carson	9	Milaca	33-05.50
20 Bankers, Josh	11	Mora	33-01.00
21 Bettenberg, Joe	10	St Cloud Cat	31-06.25
22 Janu, Matt	10	St Cloud Cat	29-10.00
23 Crosthwaite, Dylan	10	Albany	28-05.25

Event 26 Boys Shot Put

GRC: 55-05 & 5/13/2014 Trysten Ross

44-11.25 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Oberfeld, Ian	11	Pierz	43-11.25
2 Brezinka, Kolby	12	Pierz	43-03.25
3 Bockoven, Hunter	11	Milaca	43-01.00
4 Duevel, Teagan	11	Foley	42-01.75
5 Dahlberg, Noah	11	Little Falls	40-08.50
6 Swisher, Evan	12	Little Falls	39-05.50
7 Boyle, Travis	11	Foley	39-00.00
8 Dingmann, Wyatt	10	Pierz	38-09.00
9 Ash, Logan	11	Milaca	38-08.50

Event 27 Girls Discus Throw

GRC: 128-03 & 5/14/2019 Amari Riley

102-07 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Duevel, Ella	10	Foley	117-11.00q \$
2 Struffert, Dana	12	Foley	104-04.00q \$
3 Rezac, Lauren	12	Foley	94-00.00q
4 Klopp, Abby	10	Zimmerman	86-01.00q
5 Doughty, Lily	10	Mora	83-10.00q
6 Hupalo, Tatum	11	Zimmerman	82-05.00q
7 Hanson, Lily	11	Mora	82-04.00q
8 Gustafson, Berit	10	Little Falls	82-03.00q
9 Trembath, Rayla	9	Zimmerman	80-09.00q
10 Skiba, Allison	10	Pierz	78-06.00
11 Lange, Kiley	8	Albany	77-01.00
12 Swenson, Cloey	12	Pierz	75-02.00
13 Nolan, Bridget	10	Mora	73-11.00
14 LeBlanc, Sadie	11	Little Falls	73-04.00
15 Truebenbach, Elaine	11	Milaca	71-11.00

16 Lochner, Ellie	12	Pierz	71-08.00
17 Larson, Kate	10	St Cloud Cat	70-00.00
18 Hanisch, Carolyn	10	St Cloud Cat	67-06.00
19 Birnbaum, Olivia	9	Milaca	65-00.00
20 Dirkes, Presley	11	Albany	62-07.00
21 Beto, Alexandra	10	Little Falls	61-07.00
22 Mitzel, Jena	11	Milaca	59-10.00
23 Boeckermann, Cassidy	12	Albany	49-07.00

Event 27 Girls Discus Throw

GRC: 128-03 & 5/14/2019 Amari Riley

102-07 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Duevel, Ella	10	Foley	117-11.00 \$
2 Struffert, Dana	12	Foley	114-03.00 \$
3 Rezac, Lauren	12	Foley	94-00.00
4 Klopp, Abby	10	Zimmerman	89-04.00
5 Hupalo, Tatum	11	Zimmerman	85-11.00
6 Doughty, Lily	10	Mora	83-10.00
7 Gustafson, Berit	10	Little Falls	J82-04.00
8 Hanson, Lily	11	Mora	J82-04.00
9 Trembath, Rayla	9	Zimmerman	81-02.00

Event 28 Boys Discus Throw

GRC: 163-01 & 5/14/2013 Sam Udermann

128-09 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Duevel, Teagan	11	Foley	130-06.00q \$
2 Brezinka, Kolby	12	Pierz	127-08.00q
3 Bankers, Josh	11	Mora	123-04.00q
4 Dahlberg, Noah	11	Little Falls	119-06.00q
5 Shanoff, Gabe	10	Little Falls	118-10.00q
6 Bialke, Brock	12	Foley	114-00.00q
7 Bouley, Joel	11	Zimmerman	110-09.00q
8 Dingmann, Wyatt	10	Pierz	108-11.00q
9 McClanahan, Devin	10	Mora	108-08.00q
10 Swisher, Evan	12	Little Falls	104-10.00
11 Vaale, Aidan	11	Zimmerman	103-05.00
12 Oberfeld, Ian	11	Pierz	101-08.00
13 Kiloran, Jack	11	Foley	100-09.00
14 Janu, Matt	10	St Cloud Cat	93-00.00
15 Maegi, Curtis	9	Mora	91-09.00
15 Bettenberg, Joe	10	St Cloud Cat	91-09.00
17 Anderson, Josh	12	Zimmerman	87-02.00
18 Sonnek, Brayden	11	Milaca	84-08.00
19 Olson, Shane	9	Milaca	82-04.00
20 Crosthwaite, Dylan	10	Albany	74-08.00
21 Lecy, Tayte	12	Albany	69-06.00
--- Tetrault, Evan	10	St Cloud Cat	ND
--- Ash, Logan	11	Milaca	ND

2022 Granite Ridge Conference Championship - 5/17/2022

Little Falls High School Track

Results

Event 28 Boys Discus Throw

GRC: 163-01 & 5/14/2013 Sam Udermann
128-09 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Brezinka, Kolby	12	Pierz	136-09.00 \$
2 Duevel, Teagan	11	Foley	134-10.00 \$
3 Bankers, Josh	11	Mora	123-04.00
4 Dahlberg, Noah	11	Little Falls	122-08.00
5 Shanoff, Gabe	10	Little Falls	118-10.00
6 Bialke, Brock	12	Foley	114-00.00
7 Bouley, Joel	11	Zimmerman	110-09.00
8 Dingmann, Wyatt	10	Pierz	108-11.00
9 McClanahan, Devin	10	Mora	108-08.00

Event 29 Girls Long Jump

GRC: 17-05 & 5/14/2013 Cassandra Ortberg
16-02.00 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Kimman, Ashley	11	Pierz	16-00.00q
2 Anderson, Ella	12	Mora	15-05.00q
2 Paulsen, Samantha	11	Zimmerman	15-05.00q
4 Schritz, Elli	12	Mora	15-02.50q
4 Reis, Halle	11	Little Falls	15-02.50q
6 Anderson, Maddie	10	St Cloud Cat	15-02.00q
6 Lochner, Maddie	10	Pierz	15-02.00q
8 Hoffarth, Brooke	11	Albany	15-01.00q
9 Novak, Emily	10	Foley	14-11.00q
9 Jones, Destinee	9	St Cloud Cat	14-11.00q
11 Gahler, Maya	7	Pierz	14-07.50
12 Lewandowski, Samantha	12	Foley	14-05.00
13 Nolan, Malae	11	Little Falls	14-02.00
14 Vigstol, Corrin	12	Mora	14-00.00
15 Adkisson, Madeline	9	Foley	13-11.00
16 Magee, Brenna	11	Little Falls	13-02.50
17 Anderson, Abby	11	Milaca	12-10.00
18 DeLeo, Claire	9	St Cloud Cat	12-08.00
19 Hoebelheinrich, Chase	10	Milaca	12-07.50
20 Inman, Taylor	8	Zimmerman	11-11.50
21 Sonnek, Ayla	9	Milaca	10-06.00
--- Becker, Hailey	11	Zimmerman	ND

Event 29 Girls Long Jump

GRC: 17-05 & 5/14/2013 Cassandra Ortberg
16-02.00 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Kimman, Ashley	11	Pierz	16-04.00 \$
2 Paulsen, Samantha	11	Zimmerman	16-01.00
3 Lochner, Maddie	10	Pierz	16-00.50
4 Reis, Halle	11	Little Falls	J15-06.50
5 Hoffarth, Brooke	11	Albany	J15-06.50
6 Anderson, Ella	12	Mora	15-05.00
7 Schritz, Elli	12	Mora	15-02.50

8 Anderson, Maddie	10	St Cloud Cat	15-02.00
9 Novak, Emily	10	Foley	J14-11.00
10 Jones, Destinee	9	St Cloud Cat	J14-11.00

Event 30 Boys Long Jump

GRC: 20-09.50 & 5/13/2014 Nick Manthey

19-07.50 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Ruhoff, Caden	12	Foley	19-11.00q \$
2 Kvien, Jackson	12	Milaca	18-08.00q
3 Hughes, Mark	10	Little Falls	18-06.00q
4 Ehlert, Cameron	11	St Cloud Cat	18-05.00q
5 Shanoff, Gabe	10	Little Falls	18-02.50q
6 Newiger, Blake	10	St Cloud Cat	18-02.00q
7 Stangl, Derek	11	Pierz	17-05.00q
8 Gross, Travis	11	Pierz	17-04.00q
9 Petrowitz, Mason	12	Little Falls	17-03.00q
10 Garding, Riley	11	Albany	17-02.50
11 Tschida, Wyatt	11	Zimmerman	17-01.50
12 Neubauer, Gavin	12	Zimmerman	16-09.00
13 Bosshart, Levi	11	Foley	16-08.00
14 Schoenborn, Jack	11	Milaca	16-06.00
15 Downes, Nate	9	Albany	16-02.00
16 Beehler, Gage	9	Foley	16-01.00
17 Southerland, Maverick	9	Mora	15-11.00
17 Brezinka, Landin	9	Pierz	15-11.00
19 Patnode, Jack	9	Milaca	15-09.00
19 Diethelm, Derrick	12	Mora	15-09.00
21 Thelen, Jarrett	11	St Cloud Cat	13-09.00
22 Thompson, Tate	8	Zimmerman	13-05.00

Event 30 Boys Long Jump

GRC: 20-09.50 & 5/13/2014 Nick Manthey

19-07.50 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Ruhoff, Caden	12	Foley	19-11.00 \$
2 Kvien, Jackson	12	Milaca	18-08.00
3 Ehlert, Cameron	11	St Cloud Cat	18-07.00
4 Hughes, Mark	10	Little Falls	18-06.00
5 Newiger, Blake	10	St Cloud Cat	18-05.50
6 Shanoff, Gabe	10	Little Falls	18-02.50
7 Stangl, Derek	11	Pierz	18-02.00
8 Gross, Travis	11	Pierz	17-04.00
9 Petrowitz, Mason	12	Little Falls	17-03.00

Event 31 Girls Triple Jump

GRC: 35-05 & 5/12/2015 Megan Seymour

33-04.75 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Funt, Abigail	12	Foley	31-08.25q
2 Lochner, Maddie	10	Pierz	31-08.00q
3 Novak, Emily	10	Foley	31-07.25q
4 Jones, Destinee	9	St Cloud Cat	31-05.25q

2022 Granite Ridge Conference Championship - 5/17/2022

Little Falls High School Track

Results

Preliminaries ... (Event 31 Girls Triple Jump)

Name	Yr	School	Prelims
5 Spillum, Jayden	11	Little Falls	31-05.00q
6 Schritz, Elli	12	Mora	30-11.50q
7 Thorsten, Liz	8	Foley	30-07.00q
8 Wahlin, Mara	9	St Cloud Cat	30-04.50q
9 Wahlin, Olivia	9	St Cloud Cat	29-09.00q
10 Anderson, Abby	11	Milaca	29-07.50
11 Bakke, Kara	11	Pierz	29-07.00
12 Anderson, Ava	12	Little Falls	28-10.50
13 Herdering, Avery	10	Little Falls	28-10.25
14 Theis, Kadynce	9	Pierz	28-10.00
15 Nelson, Alyssa	9	Mora	28-04.00
16 Sluis, Addison	9	Milaca	27-11.00

Event 31 Girls Triple Jump

GRC: 35-05 & 5/12/2015 Megan Seymour
33-04.75 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Novak, Emily	10	Foley	33-07.00 \$
2 Funt, Abigail	12	Foley	33-00.00
3 Jones, Destinee	9	St Cloud Cat	32-01.50
4 Lochner, Maddie	10	Pierz	31-10.75
5 Schritz, Elli	12	Mora	31-06.75
6 Spillum, Jayden	11	Little Falls	31-05.00
7 Wahlin, Mara	9	St Cloud Cat	30-07.50
8 Thorsten, Liz	8	Foley	30-07.00
9 Wahlin, Olivia	9	St Cloud Cat	29-09.00

Event 32 Boys Triple Jump

GRC: 42-09.50 & 5/15/2018 Carter McEachern
40-04.75 \$ All Conference

Name	Yr	School	Prelims
Preliminaries			
1 Piepgras, Ryan	12	Foley	40-09.00q \$
2 Petrowitz, Mason	12	Little Falls	36-10.00q
3 Olson, Isaac	10	Little Falls	36-09.50q
4 Neubauer, Gavin	12	Zimmerman	36-07.00q
5 Plante, Jacob	10	St Cloud Cat	35-10.00q
6 Newiger, Blake	10	St Cloud Cat	35-09.00q
6 Barrow, Luke	11	Albany	35-09.00q
8 Wick, Tyler	11	Zimmerman	35-03.00q
9 Funt, Andrew	9	Foley	34-08.00q
10 Gross, Travis	11	Pierz	34-03.50
11 Dorn, Robert	11	St Cloud Cat	33-11.00
12 Hultman, Harrison	9	Milaca	33-09.00
13 Diethelm, Derrick	12	Mora	33-03.50
14 Nieman, Paul	7	Pierz	32-04.50
15 Stangl, Kyle	9	Pierz	31-09.75
16 Wick, Wyatt	8	Zimmerman	31-06.00
16 Marohn, Owen	12	Mora	31-06.00
--- Hintz, Jeremy	12	Little Falls	ND

Event 32 Boys Triple Jump

GRC: 42-09.50 & 5/15/2018 Carter McEachern
40-04.75 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Piepgras, Ryan	12	Foley	41-06.50 \$
2 Petrowitz, Mason	12	Little Falls	37-03.25
3 Newiger, Blake	10	St Cloud Cat	37-00.00
4 Olson, Isaac	10	Little Falls	36-09.50
5 Neubauer, Gavin	12	Zimmerman	36-07.00
6 Plante, Jacob	10	St Cloud Cat	36-03.50
7 Barrow, Luke	11	Albany	36-00.50
8 Wick, Tyler	11	Zimmerman	35-03.00
9 Funt, Andrew	9	Foley	35-02.50

Event 33 Girls High Jump

GRC: 5-04 & 5/14/2013 Kaija Crowe
4-10.00 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Kimman, Ashley	11	Pierz	5-02.00 \$
2 Greenwaldt, Bryn	12	Foley	J5-02.00 \$
3 Houdek, Mikayla	12	Little Falls	5-00.00 \$
4 Voss, Lillian	9	Milaca	4-10.00 \$
5 Peterson, Greta	10	St Cloud Cat	J4-10.00 \$
6 Marlette, Rose	8	St Cloud Cat	4-08.00
7 Vandenheuvel, Mara	10	Little Falls	J4-08.00
7 Baron, Madison	11	Foley	J4-08.00
9 Leidenfrost, Katie	12	Pierz	4-06.00
9 Anderson, Abby	11	Milaca	4-06.00
11 Hoffarth, Trista	10	Albany	J4-06.00
12 Rotz, Marissa	10	Zimmerman	J4-06.00
13 Anderson, Maddie	10	St Cloud Cat	J4-06.00
14 Edberg, Ria	12	Mora	J4-06.00
15 Goble, Angel	7	Foley	4-04.00
16 McCallum, Genna	9	Mora	4-02.00
16 DeBoer, Ellie	9	Milaca	4-02.00
18 Qual, Karla	10	Mora	J4-02.00
--- Litke, Morgan	8	Pierz	NH

Event 34 Boys High Jump

GRC: 6-03 & 5/14/2013 Andy Reberg
5-09.00 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Duevel, Teagan	11	Foley	5-09.00 \$
2 Cheney, Jonathan	11	Pierz	5-07.00
3 Janski, Jaxon	10	Little Falls	J5-07.00
4 Hasz, Trace	11	Milaca	J5-07.00
4 Kutzera, Emanuel	11	St Cloud Cat	J5-07.00
6 Novak, Ethan	11	Foley	5-05.00
7 Knopik, Thomas	10	Little Falls	J5-05.00
8 Kuske, Caleb	12	Pierz	5-03.00
9 Noska, Isaac	12	Albany	J5-03.00
10 Spence, Mason	8	Zimmerman	J5-03.00

2022 Granite Ridge Conference Championship - 5/17/2022**Little Falls High School Track****Results****Finals ... (Event 34 Boys High Jump)**

Name	Yr	School	Finals
11 Guillen, Diego	12	Pierz	J5-03.00
12 Dorn, Robert	11	St Cloud Cat	5-01.00
13 Hultman, Harrison	9	Milaca	J5-01.00
--- Wahl, Austin	10	Foley	NH
--- Williams, Alex	10	Mora	NH
--- Jorgenson, Will	11	Little Falls	NH
--- Paulsen, Henry	11	Zimmerman	SCR

--- Cameron, Kobi	8	Little Falls	NH
--- Paulsen, Henry	11	Zimmerman	SCR

Event 35 Girls Pole Vault

GRC: 11-03 & 5/14/2013 Rachele LeBlanc

9-00.00 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Bockoven, Taylor	8	Milaca	11-00.00 \$
2 Schirmers, Danielle	12	Little Falls	10-00.00 \$
3 Ballou, Elise	9	Little Falls	8-06.00
4 Sobania, Ann	9	Foley	8-00.00
4 Mikla, Reina	11	Milaca	8-00.00
6 Anderson, Alexa	9	Milaca	J8-00.00
7 McCallum, Genna	9	Mora	J8-00.00
8 Virnig, Abigail	8	Pierz	J8-00.00
9 Maus, Veronica	11	Albany	7-06.00
9 Swanson, Lauren	10	Zimmerman	7-06.00
9 Novak, Emily	10	Foley	7-06.00
12 Hennen, Raelynn	11	Albany	J7-06.00
13 Torborg, Ava	11	St Cloud Cat	7-00.00
14 Houghlum, Nora	10	Mora	J7-00.00
14 Watry, Mary	9	St Cloud Cat	J7-00.00
16 Andres, Eden	9	Pierz	J7-00.00
16 Novak, Ava	10	Foley	J7-00.00
--- Inman, Taylor	8	Zimmerman	NH
--- Kowalczyk, Emma	8	Pierz	NH
--- Scherping, Anna	9	Albany	NH
--- Swanson, Adrianna	9	Little Falls	NH

Event 36 Boys Pole Vault

GRC: 13-06 & 5/17/2016 Spencer Elwell

11-08.00 \$ All Conference

Name	Yr	School	Finals
Finals			
1 Guillen, Diego	12	Pierz	12-00.00 \$
2 Morris, Andrew	12	Pierz	J12-00.00 \$
3 Novak, Ethan	11	Foley	11-00.00
4 Vaale, Aidan	11	Zimmerman	J11-00.00
5 Poser, Ethan	12	Little Falls	10-06.00
5 Kosiba, Mitchell	12	Foley	10-06.00
7 Petrowitz, Mason	12	Little Falls	10-00.00
8 Kopka, William	11	St Cloud Cat	J10-00.00
9 Dorn, Robert	11	St Cloud Cat	9-06.00
10 Fleege, Blake	10	St Cloud Cat	J9-06.00
11 Koch, Caleb	9	Pierz	9-00.00
12 Southerland, Maverick	9	Mora	J9-00.00
13 Vaale, Corbin	9	Zimmerman	J9-00.00
14 Cross, Majade	10	Foley	8-06.00