

## Sauk Rapids-Rice Triangular - 5/17/2022

## Sauk Rapids-Rice Middle School Track

## Results - Sauk Rapids - Rice Dual

## Girls 100 Meter Dash

Name	Yr	School	Finals	
<b>Finals</b>				
1 Deason, Brenna	11	Brainerd	12.62	5
2 Knight, Aiyana	12	Cambridge-Is	13.01	3
3 Leverty, Laci	12	Cambridge-Is	13.16	2
4 Stadum, Katherine	11	Brainerd	13.31	1
5 Merkouris, June	12	Cambridge-Is	13.61	
6 Loney, Ava	9	Brainerd	13.68	
7 Peterson, Kamryn	12	Brainerd	13.78	
8 Felchle, Mackenzie	11	Sauk Rapids-	13.80	
9 Laube, Sophia	12	Brainerd	x13.86	
10 Sheflo, Emma	11	Brainerd	x14.00	
11 Morehouse, Tamiah	10	Sauk Rapids-	14.07	
12 Conzemius, Averi	9	Cambridge-Is	14.09	
13 Hoffmann, Grace	10	Cambridge-Is	x14.22	
14 Bachman, Alison	11	Brainerd	x14.23	
15 Petermeier, Sienna	10	Sauk Rapids-	14.37	
16 Castle, Lauren	9	Brainerd	x14.39	
17 Jacobson, Sumalee	8	Sauk Rapids-	14.44	
18 McMillan, Avayah	8	Sauk Rapids-	x14.54	
19 Martin, Mariah	11	Cambridge-Is	x14.57	
20 Klocksien, Zoe	9	Cambridge-Is	x14.79	
21 Haddy, Isabelle	11	Sauk Rapids-	x15.01	
22 Burke, Nicole	10	Sauk Rapids-	x15.11	
23 Ojullu, Lem-wa	10	Sauk Rapids-	x15.49	
24 Schneider, Madi	9	Brainerd	x15.51	
25 Munoz, Natalia	11	Cambridge-Is	x15.79	
26 Izzo, Rylie	9	Cambridge-Is	x15.87	
27 Stiegel, Natalie	12	Sauk Rapids-	x15.93	
28 Zaske, Kiah	12	Sauk Rapids-	x16.24	
29 Challander, Remijia	10	Cambridge-Is	x16.26	
30 Buchert, Halle	9	Sauk Rapids-	x16.34	
31 Vanhout, Alyssa	10	Cambridge-Is	x16.45	
32 Weibel, Grace	9	Cambridge-Is	x16.46	
33 Grau-Flores, Maria	11	Cambridge-Is	x16.48	
34 Biermaier, Anastasiia	10	Brainerd	x16.55	
35 Toryaki, Malak	11	Cambridge-Is	x18.80	

## Girls 200 Meter Dash

Name	Yr	School	Finals	
<b>Finals</b>				
1 Larson, Anika	11	Cambridge-Is	26.85	5
2 Goodwin, Violet	11	Brainerd	27.98	3
3 Nelson, Myah	12	Brainerd	28.02	2
4 Laube, Sophia	12	Brainerd	28.07	1
5 Merkouris, June	12	Cambridge-Is	28.18	
6 Gross, Andrina	10	Cambridge-Is	28.71	
7 Lust, Ava	9	Brainerd	28.88	
8 Sheflo, Emma	11	Brainerd	x29.09	
9 Athman, Ava	10	Sauk Rapids-	29.14	
10 Martinson, Aneise	12	Sauk Rapids-	29.19	
11 Hoffmann, Grace	10	Cambridge-Is	29.67	
12 Nelson, Addison	10	Cambridge-Is	x29.73	
13 Broman, Annika	11	Sauk Rapids-	29.78	

14 Bemboom, Addison	12	Sauk Rapids-	29.80	
15 Schlenker, Ada	11	Cambridge-Is	x29.93	
16 Morehouse, Tamiah	10	Sauk Rapids-	x30.05	
17 Karasch, Brynn	12	Sauk Rapids-	x30.20	
18 Hall, Mya	9	Cambridge-Is	x30.28	
19 Brown, Ellie	11	Brainerd	x30.33	
20 Lillo, Payton	12	Brainerd	x30.50	
21 Jacobson, Sumalee	8	Sauk Rapids-	x30.67	
22 Heinze, Alyssa	10	Cambridge-Is	x30.82	
23 Johnson, Abby	12	Brainerd	x30.97	
24 Rademacher, Elizabeth	9	Brainerd	x31.03	
25 Haddy, Isabelle	11	Sauk Rapids-	x31.16	
26 Werner, Kaylee	9	Cambridge-Is	x31.54	
27 Zagars, Kira	10	Cambridge-Is	x31.69	
28 Sullivan, Isabelle	10	Cambridge-Is	x31.87	
29 Burke, Nicole	10	Sauk Rapids-	x32.08	
30 Ojullu, Lem-wa	10	Sauk Rapids-	x32.56	
31 Izzo, Rylie	9	Cambridge-Is	x32.67	
32 Schneider, Madi	9	Brainerd	x32.81	
33 Munoz, Natalia	11	Cambridge-Is	x32.89	
34 Stiegel, Natalie	12	Sauk Rapids-	x33.10	
35 Timmann, Nadia	9	Cambridge-Is	x33.12	
36 Loney, Grace	11	Brainerd	x33.20	
37 Vanhout, Alyssa	10	Cambridge-Is	x33.98	
38 Biermaier, Anastasiia	10	Brainerd	x34.00	
39 Weibel, Grace	9	Cambridge-Is	x34.02	
40 Challander, Remijia	10	Cambridge-Is	x34.33	
41 Buchert, Halle	9	Sauk Rapids-	x34.64	
42 Grau-Flores, Maria	11	Cambridge-Is	x34.72	
43 Gomez, Carlota	11	Cambridge-Is	x35.80	
44 Toryaki, Malak	11	Cambridge-Is	x40.72	

## Girls 400 Meter Dash

Name	Yr	School	Finals	
<b>Finals</b>				
1 Sheflo, Emma	11	Brainerd	1:06.79	5
2 Robertson, Cally	11	Brainerd	1:07.03	3
3 Hennen, Annie	10	Cambridge-Is	1:07.41	2
4 Rademacher, Elizabeth	9	Brainerd	1:08.21	1
5 Unknown, Runner		Brainerd	1:08.33	
6 Larson, Molly	7	Cambridge-Is	1:09.97	
7 Kubista, Ashtyn	11	Brainerd	x1:10.80	
8 Anderson, Scarlett	10	Brainerd	x1:11.55	
9 Wells, Bridget	9	Brainerd	x1:12.69	
10 Werner, Kaylee	9	Cambridge-Is	1:12.72	
11 Sullivan, Isabelle	10	Cambridge-Is	1:13.13	
12 Timmann, Nadia	9	Cambridge-Is	x1:14.77	
13 Toryaki, Malak	11	Cambridge-Is	x1:41.56	

## Girls 800 Meter Run

Name	Yr	School	Finals	
<b>Finals</b>				
1 Miller, Madelyn	9	Brainerd	2:25.72	5
2 Izzo, Kendyl	11	Cambridge-Is	2:28.68	3
3 Bastian, Emily	11	Brainerd	2:29.41	2
4 Baird, Annelise	8	Brainerd	2:30.42	1

## Sauk Rapids-Rice Triangular - 5/17/2022

## Sauk Rapids-Rice Middle School Track

## Results - Sauk Rapids - Rice Dual

## Finals ... (Girls 800 Meter Run)

Name	Yr	School	Finals
5 Kennedy, Katelyn	11	Brainerd	2:30.74
6 Petermeier, Sienna	10	Sauk Rapids-	2:30.93
7 Collins, Bridget	10	Brainerd	x2:32.31
8 Drietz, Hannah	11	Brainerd	x2:41.88
9 Martel, Adelin	9	Cambridge-Is	2:47.22
10 Marketon, Aubrey	8	Sauk Rapids-	2:48.54
11 Rogholt, Claire	8	Sauk Rapids-	2:52.27
12 Lowman, Ava	11	Cambridge-Is	2:58.94
13 Sowada, Elka	8	Sauk Rapids-	2:59.14
14 Jankovich, Brooke	7	Cambridge-Is	2:59.28
15 Blake, Audrey	10	Cambridge-Is	x3:08.66

## Girls 1600 Meter Run

Name	Yr	School	Finals
1 Sjoberg, Makenna	8	Cambridge-Is	5:28.20 5
2 Drietz, Hannah	11	Brainerd	5:34.00 2.5
2 Wenz, Brooke	9	Brainerd	5:34.00 2.5
4 Reker, Amelia	8	Sauk Rapids-	5:58.50 1
5 Doty, Nola	9	Brainerd	6:28.10
6 Jankovich, Brooke	7	Cambridge-Is	6:34.40
7 Thompson, Olivia	9	Cambridge-Is	6:45.70
8 Gearey, Annika	10	Brainerd	7:00.90

## Girls 3200 Meter Run

Name	Yr	School	Finals
1 Rademacher, Julia	11	Brainerd	13:12.35 5
2 Reker, Amelia	8	Sauk Rapids-	13:37.80 3
3 Chalupsky, Gabrielle	11	Brainerd	15:14.37 2

## Girls 100 Meter Hurdles

Name	Yr	School	Finals
1 Goodwin, Violet	11	Brainerd	17.11 5
2 Gustofson, Ruby	8	Sauk Rapids-	17.34 3
3 Bingham, Hannah	10	Cambridge-Is	17.55 2
4 Gustofson, Delia	10	Sauk Rapids-	18.10 1
5 Barber, Alison	11	Cambridge-Is	18.12
6 Bertram, Madi	9	Brainerd	18.23
7 Bruggeman, Matia	10	Brainerd	18.48
8 Loss, Annie	12	Brainerd	18.57
9 Peterson, Darci	12	Sauk Rapids-	19.05
10 Morford, Josalynn	9	Sauk Rapids-	19.56
11 Wilking, Reese	10	Cambridge-Is	19.85
12 Schiller, Autumn	9	Brainerd	x20.44
13 Masters, Sophia	11	Cambridge-Is	20.54
14 Walber, Delanie	9	Cambridge-Is	x21.21
15 Cashin, Ellie	9	Cambridge-Is	x23.44

## Girls 300 Meter Hurdles

Name	Yr	School	Finals
1 Bruggeman, Matia	10	Brainerd	50.38 5

2 Bingham, Hannah	10	Cambridge-Is	50.83 3
3 Barber, Alison	11	Cambridge-Is	50.90 2
4 Bertram, Madi	9	Brainerd	51.89 1
5 Wilking, Reese	10	Cambridge-Is	52.95
6 Gustofson, Ruby	8	Sauk Rapids-	53.19
7 Masters, Sophia	11	Cambridge-Is	54.99
8 Gustofson, Delia	10	Sauk Rapids-	56.42
9 Dwyer, Alexandra	11	Brainerd	57.65
10 Schiller, Autumn	9	Brainerd	1:00.87
11 Schneider, Madi	9	Brainerd	x1:01.69
12 Walber, Delanie	9	Cambridge-Is	x1:04.73
13 Cashin, Ellie	9	Cambridge-Is	x1:08.71

## Girls 4x100 Meter Relay

Team	Relay	Finals
1 Cambridge-Isanti		52.52 5
2 Brainerd		53.11 3
3 Sauk Rapids-Rice		54.48
4 Cambridge-Isanti	B	56.58

## Girls 4x200 Meter Relay

Team	Relay	Finals
1 Cambridge-Isanti		1:50.38 5
2 Sauk Rapids-Rice		1:58.02 3
3 Cambridge-Isanti	B	1:58.88
4 Brainerd		2:00.09

## Girls 4x400 Meter Relay

Team	Relay	Finals
1 Cambridge-Isanti		4:21.71 5
2 Brainerd		4:23.54 3
3 Brainerd	B	4:29.65
4 Sauk Rapids-Rice		4:35.44
5 Cambridge-Isanti	B	4:42.09
6 Brainerd	C	x4:52.41

## Girls 4x800 Meter Relay

Team	Relay	Finals
1 Cambridge-Isanti		10:42.22 5
2 Brainerd		11:17.78 3
3 Sauk Rapids-Rice		11:33.36
4 Brainerd	B	11:48.03

## Girls High Jump

Name	Yr	School	Finals
1 Stadum, Katherine	11	Brainerd	J4-10.00 4
1 Schlenker, Ada	11	Cambridge-Is	4-10.00 4
3 Steman, Alice	9	Cambridge-Is	J4-10.00 1.5
3 Gustofson, Ruby	8	Sauk Rapids-	J4-10.00 1.5
5 Ladd, Ashley	12	Cambridge-Is	4-08.00
6 Castle, Lauren	9	Brainerd	J4-08.00
7 Schermerhorn, Harlee	10	Cambridge-Is	4-06.00

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## Results - Sauk Rapids - Rice Dual

## Finals ... (Girls High Jump)

Name	Yr	School	Finals
8 Klocksien, Zoe	9	Cambridge-Is	x4-04.00
9 Broman, Annika	11	Sauk Rapids-	4-02.00
9 Haddy, Isabelle	11	Sauk Rapids-	4-02.00
9 Peterson, Darci	12	Sauk Rapids-	4-02.00
12 Schiller, Autumn	9	Brainerd	4-00.00
--- Eckman, Gabby	11	Brainerd	NH
--- Zagars, Kira	10	Cambridge-Is	NH
--- Fjeld, Lily	9	Brainerd	JNH
--- Jacobson, Sumalee	8	Sauk Rapids-	NH
--- Buchert, Halle	9	Sauk Rapids-	NH
--- Hagelie, Molly	11	Brainerd	NH
--- Presswood, A'Nyjah	9	Cambridge-Is	NH

## Girls Pole Vault

Name	Yr	School	Finals
1 Leverty, Laci	12	Cambridge-Is	11-02.00 5
2 Deason, Brenna	11	Brainerd	9-06.00 3
3 Jacobson, Sumalee	8	Sauk Rapids-	7-06.00 2
4 Schiller, Malina	11	Brainerd	J7-06.00 1
5 Munoz, Natalia	11	Cambridge-Is	J7-06.00
6 Flynn, Taylor	10	Cambridge-Is	7-00.00
--- Challander, Remijia	10	Cambridge-Is	NH
--- McMillan, Avayah	8	Sauk Rapids-	NH
--- Zagars, Kira	10	Cambridge-Is	NH

## Girls Long Jump

Name	Yr	School	Finals
1 Larson, Anika	11	Cambridge-Is	16-08.25 5
2 Deason, Brenna	11	Brainerd	16-04.75 3
3 Halstengard, Carley	10	Cambridge-Is	14-10.00 2
4 Peterson, Kamryn	12	Brainerd	14-09.50 1
5 Nelson, Myah	12	Brainerd	14-09.25
6 Schlenker, Ada	11	Cambridge-Is	14-09.00
6 Morford, Josalynn	9	Sauk Rapids-	14-09.00
8 Sheflo, Emma	11	Brainerd	14-06.00
9 Dircks, Marcella	11	Brainerd	x14-03.25
10 Martin, Mariah	11	Cambridge-Is	14-02.25
11 Barber, Alison	11	Cambridge-Is	x14-01.25
12 Sickler, Julia	9	Cambridge-Is	x14-01.00
13 Eckman, Gabby	11	Brainerd	x13-07.75
14 Brown, Ellie	11	Brainerd	x13-03.75
15 Bachman, Alison	11	Brainerd	x13-02.75
16 Schiller, Malina	11	Brainerd	x12-09.25
17 Stiegel, Natalie	12	Sauk Rapids-	12-03.75
18 Schneider, Madi	9	Brainerd	x12-03.25
19 Biermaier, Anastasiia	10	Brainerd	x11-09.50
20 Schiller, Autumn	9	Brainerd	x11-08.75
20 Klocksien, Zoe	9	Cambridge-Is	x11-08.75
22 Hall, Mya	9	Cambridge-Is	x11-06.50
23 Zaske, Kiah	12	Sauk Rapids-	11-05.25
24 Izzo, Rylie	9	Cambridge-Is	x10-11.00
25 Grau-Flores, Maria	11	Cambridge-Is	x10-03.25

26 Weibel, Grace 9 Cambridge-Is x10-02.75

## Girls Triple Jump

Name	Yr	School	Finals
1 Bingham, Hannah	10	Cambridge-Is	32-03.00 5
2 Peterson, Kamryn	12	Brainerd	32-01.00 3
3 Schlenker, Ada	11	Cambridge-Is	31-10.00 2
4 Martinson, Aneleise	12	Sauk Rapids-	31-09.00 1
5 Dircks, Marcella	11	Brainerd	31-05.00
6 Bemboom, Addison	12	Sauk Rapids-	30-11.00
7 Wilking, Reese	10	Cambridge-Is	30-06.00
8 Athman, Ava	10	Sauk Rapids-	30-05.00
9 Castle, Lauren	9	Brainerd	30-04.00
10 Sickler, Julia	9	Cambridge-Is	30-00.00
11 Hagelie, Molly	11	Brainerd	29-09.00
12 Nelson, Addison	10	Cambridge-Is	x29-07.00
13 Schiller, Malina	11	Brainerd	x27-06.00
14 Fjeld, Lily	9	Brainerd	x27-01.00
14 McMillan, Avayah	8	Sauk Rapids-	27-01.00
16 Kimman, Kaitlyn	11	Sauk Rapids-	x25-05.00

## Girls Shot Put

Name	Yr	School	Finals
1 Caughey, Hanna	12	Brainerd	35-04.00 5
2 Riley, Elianna	11	Brainerd	34-02.00 3
3 Cullen, Hailee	12	Sauk Rapids-	33-10.50 2
4 Mushatt, Brooke	10	Sauk Rapids-	33-00.00 1
5 Gross, Andrina	10	Cambridge-Is	30-04.25
6 Baker, Erin	10	Cambridge-Is	29-07.75
7 Kimman, Kaitlyn	11	Sauk Rapids-	27-05.00
8 Tupy, Anna	11	Brainerd	27-02.75
9 Vanvickle, Lauren	8	Sauk Rapids-	26-11.00
10 Presswood, A'Nyjah	9	Cambridge-Is	24-05.00
11 Dioumessy, Mariame	8	Sauk Rapids-	x24-03.50
12 Burke, Nicole	10	Sauk Rapids-	x23-08.00
13 Loney, Grace	11	Brainerd	23-01.50
14 Reyes, Diana	11	Cambridge-Is	22-08.50

## Girls Discus Throw

Name	Yr	School	Finals
1 Caughey, Hanna	12	Brainerd	121-10 5
2 Mushatt, Brooke	10	Sauk Rapids-	108-04 3
3 Cullen, Hailee	12	Sauk Rapids-	103-03 2
4 Kimman, Kaitlyn	11	Sauk Rapids-	89-02 1
5 Baker, Erin	10	Cambridge-Is	88-05
6 Brown, Ellie	11	Brainerd	85-04
7 Gross, Andrina	10	Cambridge-Is	81-03
8 Dioumessy, Mariame	8	Sauk Rapids-	80-11
9 Riley, Elianna	11	Brainerd	80-01
10 Tupy, Anna	11	Brainerd	77-08
11 Vanvickle, Lauren	8	Sauk Rapids-	x76-10
12 Bingham, Hannah	10	Cambridge-Is	72-01
13 Quach, Ajiah	11	Sauk Rapids-	x67-04

## Sauk Rapids-Rice Triangular - 5/17/2022

## Sauk Rapids-Rice Middle School Track

## Results - Sauk Rapids - Rice Dual

## Finals ... (Girls Discus Throw)

Name	Yr	School	Finals
14 Reyes, Diana	11	Cambridge-Is	60-09
15 Burke, Nicole	10	Sauk Rapids-	x57-01
16 Presswood, A'Nyjah	9	Cambridge-Is	x50-09

## Boys 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 MacLaughlin, Dillon	11	Brainerd	11.09 5
2 Hamed, Adam	12	Cambridge-Is	11.85 3
3 White, Will	12	Sauk Rapids-	12.06 2
4 Merkouris, Bart	11	Cambridge-Is	12.15 1
5 Merseth, Jake	10	Brainerd	12.29
6 Myhr, Parker	9	Cambridge-Is	12.32
7 Pikula, Charlie	10	Brainerd	12.34
8 Flakne, Broden	11	Sauk Rapids-	12.42
9 Jackson, Marqui	9	Sauk Rapids-	12.53
10 Moody, Tyrelle	11	Sauk Rapids-	12.57
11 Phan, My khang	10	Sauk Rapids-	x12.60
12 Koukol, Jackson	12	Cambridge-Is	12.66
13 Foss, Mason	10	Sauk Rapids-	x12.78
14 Jacques, Austin	11	Cambridge-Is	x12.95
15 Wheeler-Carranza, Ayden	9	Brainerd	13.03
16 Robertson, Camden	10	Cambridge-Is	x13.06
17 Mankowski, Carson	9	Brainerd	x13.06
18 Anderson, Nicholas	10	Sauk Rapids-	x13.16
19 Deason, Taylor	9	Brainerd	x13.45
20 Gargus, Drew	10	Sauk Rapids-	x13.46
21 Frank, Lucas	9	Cambridge-Is	x13.47
22 Zeece, Liam	9	Cambridge-Is	x13.54
23 Smith, Cameron	9	Sauk Rapids-	x13.66
24 Gabrielson, Nash	9	Brainerd	x13.68
25 Westman, Denver	12	Cambridge-Is	x13.72
26 Jackson, Jorey	10	Brainerd	x13.80
27 Butkowski, Gavin	10	Sauk Rapids-	x13.91
28 Adamson, Andrew	10	Brainerd	x14.22
29 Villagra, Benjamin	11	Sauk Rapids-	x14.50
30 Thompson, Cullen	9	Sauk Rapids-	x14.56
31 Smith, Christopher	9	Sauk Rapids-	x15.39
32 Breeding, Elric	12	Cambridge-Is	x15.45
33 Runner, Unknown		Cambridge-Is	x15.56
34 Fall, Zayden	9	Cambridge-Is	x15.69
35 Waxweiler, Jaxxon	10	Sauk Rapids-	x15.98

## Boys 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 MacLaughlin, Dillon	11	Brainerd	22.70 5
2 Foley, Josh	11	Cambridge-Is	24.28 3
3 Merkouris, Bart	11	Cambridge-Is	24.78 2
4 Jackson, Marqui	9	Sauk Rapids-	24.98 1
5 Larocque, Chayce	11	Sauk Rapids-	25.02
6 Hamed, Adam	12	Cambridge-Is	25.31
7 Myhr, Parker	9	Cambridge-Is	25.45
8 Sander, Dominic	12	Sauk Rapids-	25.47

9 Sullivan, Ari	12	Cambridge-Is	x25.52
10 Merseth, Jake	10	Brainerd	25.71
11 Koukol, Jackson	12	Cambridge-Is	x25.83
12 Phan, My khang	10	Sauk Rapids-	25.91
13 Mankowski, Carson	9	Brainerd	26.19
14 Neumann, Joe	9	Brainerd	26.28
15 Moody, Tyrelle	11	Sauk Rapids-	x26.42
16 Robertson, Camden	10	Cambridge-Is	x26.65
17 Jacques, Austin	11	Cambridge-Is	x26.72
18 Frank, Lucas	9	Cambridge-Is	x27.09
19 Anderson, Nicholas	10	Sauk Rapids-	x27.46
20 Deason, Taylor	9	Brainerd	x28.14
21 Westman, Denver	12	Cambridge-Is	x28.44
22 Jackson, Jorey	10	Brainerd	x28.48
23 Marten-rosenow, Andrew	9	Sauk Rapids-	x28.79
24 Diaz, Orlando	10	Cambridge-Is	x28.80
25 Gabrielson, Nash	9	Brainerd	x28.93
26 Peterson, Austin	11	Cambridge-Is	x29.09
27 Bouley, Ethan	11	Cambridge-Is	x29.30
28 Smith, Cameron	9	Sauk Rapids-	x29.36
29 Jacobson, Gunnar	10	Sauk Rapids-	x29.65
30 Adamson, Andrew	10	Brainerd	x31.22
31 McLean, Beckett	9	Cambridge-Is	x31.53
32 Breeding, Elric	12	Cambridge-Is	x31.78
33 Smith, Christopher	9	Sauk Rapids-	x32.44
34 Fall, Zayden	9	Cambridge-Is	x32.72

## Boys 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Mechah, Samuel	12	Cambridge-Is	52.50 5
2 Neumann, Mitchell	12	Brainerd	54.23 3
3 Williams, Michael	10	Cambridge-Is	54.83 2
4 Toews, Matt	10	Brainerd	55.17 1
5 Broman, Garret	9	Sauk Rapids-	55.52
6 Symanietz, Owen	9	Sauk Rapids-	55.73
7 Martin, Nathan	11	Sauk Rapids-	56.25
8 Meyer, Blayze	10	Sauk Rapids-	56.52
9 Foss, Mason	10	Sauk Rapids-	x56.88
10 Loidolt, Luke	9	Sauk Rapids-	x56.92
11 Selisker, Steven	11	Brainerd	57.07
12 Walrath, Shaun	10	Sauk Rapids-	x57.44
13 Neumann, Joe	9	Brainerd	57.52
14 Juetten, Isaac	11	Sauk Rapids-	x57.68
15 Kuhlman, Jaden	9	Cambridge-Is	57.71
16 Mulder, Boone	10	Cambridge-Is	58.16
17 Hoffman, Lucas	11	Sauk Rapids-	x58.46
18 Bergman, Brady	11	Cambridge-Is	x58.47
19 Moody, Tyrelle	11	Sauk Rapids-	x58.81
20 Diaz, Omar	9	Cambridge-Is	x1:00.79
21 Dissing, Carson	10	Cambridge-Is	x1:02.45
22 Folsom, Logan	10	Sauk Rapids-	x1:03.91
23 Diaz, Orlando	10	Cambridge-Is	x1:05.01
24 Marten-rosenow, Andrew	9	Sauk Rapids-	x1:05.11
25 Jacobson, Gunnar	10	Sauk Rapids-	x1:07.15
26 Adamson, Andrew	10	Brainerd	x1:08.74

## Sauk Rapids-Rice Triangular - 5/17/2022

## Sauk Rapids-Rice Middle School Track

## Results - Sauk Rapids - Rice Dual

**Boys 800 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ruhl, Thomas	12	Brainerd	2:03.67 5
2 Howe, Michael	12	Brainerd	2:08.18 3
3 Gallmeier, Zander	12	Cambridge-Is	2:09.56 2
4 Karels, Kobe	11	Cambridge-Is	2:10.70 1
5 Droubie, Cal	10	Cambridge-Is	2:13.23
6 Provost, Joshua	12	Cambridge-Is	2:15.20
7 Martin, Shawn	9	Cambridge-Is	x2:18.68
8 Bickford, Connor	10	Cambridge-Is	x2:19.11
9 Reyes, Vicente	12	Cambridge-Is	x2:19.17
10 Hoffman, Lucas	11	Sauk Rapids-	2:24.73
11 Nelson, Trace	10	Sauk Rapids-	2:24.94
12 Ditto, Christian	11	Sauk Rapids-	2:31.26
13 Wiebe, Collin	10	Sauk Rapids-	2:32.60
14 Hansen, Kevin	10	Cambridge-Is	x2:36.30
15 Folsom, Logan	10	Sauk Rapids-	x2:39.62
16 Newville-larson, Tyson	9	Sauk Rapids-	x2:45.50
17 Rogholt, Owen	10	Sauk Rapids-	x2:47.80
18 Trompeter, Evan	10	Sauk Rapids-	x3:03.04

**Boys 1600 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Cady, Adam	12	Brainerd	4:40.52 5
2 Ostendorf, Alex	10	Sauk Rapids-	4:48.92 3
3 Imker, Chase	12	Cambridge-Is	4:50.88 2
4 Capelle, Braden	12	Brainerd	4:53.41 1
5 Thiesse, Nolan	11	Brainerd	4:54.28
6 Kennedy, Jonas	10	Cambridge-Is	4:58.87
7 Capelle, Bennet	12	Brainerd	5:01.46
8 Stadum, Ben	9	Brainerd	x5:02.89
9 McGovern, Noah	10	Cambridge-Is	5:04.41
10 Martin, Shawn	9	Cambridge-Is	5:15.27
11 Hoffman, Leif	10	Brainerd	x5:18.72
12 Catton, Wes	11	Cambridge-Is	x5:22.91
13 Dombek, Peyton		Cambridge-Is	x5:27.50
14 Ditto, Christian	11	Sauk Rapids-	5:45.31
15 Rabasco, James	10	Brainerd	x5:51.90
16 Wendorf, Devin	9	Sauk Rapids-	6:32.56

**Boys 3200 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jacobsen, Hunter	8	Cambridge-Is	10:53.24 5
2 Tucker, Ayden	12	Sauk Rapids-	13:16.06 3

**Boys 110 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Albright, Andrew	12	Brainerd	15.98 5
2 Loesch, Carter	12	Sauk Rapids-	16.17 3
3 Wilson, Riley	10	Cambridge-Is	16.30 2
4 Wilson, Micah	10	Cambridge-Is	16.42 1

5 Olson, Michael	12	Brainerd	17.49
6 Viesselman, Blake	10	Cambridge-Is	17.88
7 Loesch, Walker	10	Sauk Rapids-	18.03
8 Post, Jack	9	Sauk Rapids-	19.52
9 Peterson, Kyle	9	Brainerd	20.91

**Boys 300 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Foley, Josh	11	Cambridge-Is	42.80 5
2 Lawson, Gordy	11	Cambridge-Is	43.19 3
3 Wilson, Riley	10	Cambridge-Is	44.42 2
4 Hoelzel, Gavin	11	Brainerd	44.70 1
5 Loesch, Walker	10	Sauk Rapids-	45.61
6 Post, Jack	9	Sauk Rapids-	47.49
7 Herath, David	9	Brainerd	50.11
8 Arends, Grady	9	Cambridge-Is	51.54
9 Peterson, Kyle	9	Brainerd	51.66

**Boys 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Cambridge-Isanti		45.51 5
2 Brainerd		46.13 3
3 Sauk Rapids-Rice		46.64
4 Brainerd	B	51.97

**Boys 4x200 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Cambridge-Isanti		1:35.31 5
2 Brainerd		1:37.30 3
3 Sauk Rapids-Rice		1:39.47
4 Cambridge-Isanti	B	1:40.29

**Boys 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Cambridge-Isanti		3:30.52 5
2 Cambridge-Isanti	B	3:43.47 3
3 Brainerd		3:43.77
4 Sauk Rapids-Rice		3:46.95
5 Cambridge-Isanti	C	x3:48.62
6 Brainerd	B	3:57.61

**Boys 4x800 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Cambridge-Isanti		8:35.49 5
2 Brainerd		8:36.36 3
3 Sauk Rapids-Rice		9:13.82

**Boys High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Fjeld, Cole	11	Brainerd	5-04.00 5
2 Droubie, Cal	10	Cambridge-Is	J5-04.00 3

## Sauk Rapids-Rice Triangular - 5/17/2022

## Sauk Rapids-Rice Middle School Track

## Results - Sauk Rapids - Rice Dual

## Finals ... (Boys High Jump)

Name	Yr	School	Finals	
3 Walrath, Shaun	10	Sauk Rapids-	5-02.00	2
4 Mechah, Samuel	12	Cambridge-Is	J5-02.00	1
5 Timmann, Aidan	11	Cambridge-Is	J5-02.00	
6 Wheeler-Carranza, Ayden	9	Brainerd	5-00.00	
7 Bergman, Brady	11	Cambridge-Is	J5-00.00	
8 Salo, Jared	10	Cambridge-Is	xJ5-00.00	
8 Symanietz, Owen	9	Sauk Rapids-	J5-00.00	
--- Gabrielson, Nash	9	Brainerd	NH	
--- Nelson, Ty	9	Brainerd	NH	

## Boys Pole Vault

Name	Yr	School	Finals	
1 Bastian, Baden	12	Brainerd	13-00.00	4
1 Wilson, Riley	10	Cambridge-Is	13-00.00	4
3 Johnson, Reid	12	Sauk Rapids-	12-06.00	2
4 Wilson, Micah	10	Cambridge-Is	12-00.00	1
5 Hoelzel, Gavin	11	Brainerd	11-06.00	
6 Challander, John	10	Cambridge-Is	9-06.00	
7 Scapanski, Evan	9	Sauk Rapids-	J9-06.00	
8 Dilley, Luke	9	Sauk Rapids-	J9-06.00	
9 Jacob, Joshua	11	Cambridge-Is	8-09.00	
9 Gargus, Drew	10	Sauk Rapids-	8-09.00	
11 Geving, Quinn	9	Cambridge-Is	x8-00.00	
--- Frank, Lucas	9	Cambridge-Is	NH	
--- Koukol, Jackson	12	Cambridge-Is	NH	
--- Newville-larson, Tyson	9	Sauk Rapids-	NH	
--- Jacques, Austin	11	Cambridge-Is	NH	
--- Wandersee, Carter	12	Cambridge-Is	NH	

## Boys Long Jump

Name	Yr	School	Finals	
1 Albright, Andrew	12	Brainerd	20-05.25	5
2 Wilson, Riley	10	Cambridge-Is	20-02.25	3
3 Hall, Andre	12	Cambridge-Is	19-03.75	2
4 Juetten, Isaac	11	Sauk Rapids-	18-04.25	1
5 Fjeld, Cole	11	Brainerd	18-02.50	
6 Williams, Chris	10	Cambridge-Is	18-02.25	
7 Garaghty, Ron	10	Cambridge-Is	17-08.50	
8 Hamed, Adam	12	Cambridge-Is	x17-07.00	
9 Merseth, Jake	10	Brainerd	17-06.50	
10 Bernander, Bennett	10	Brainerd	17-06.00	
11 Milz, Landon	10	Cambridge-Is	x17-04.75	
12 Jacobson, Gunnar	10	Sauk Rapids-	16-06.25	
13 Gondeck, Deagan	9	Sauk Rapids-	16-04.25	
14 Gabrielson, Nash	9	Brainerd	x16-00.25	
15 Anderson, Nicholas	10	Sauk Rapids-	15-05.75	
16 Dilley, Luke	9	Sauk Rapids-	x15-02.00	
17 Nelson, Ty	9	Brainerd	x15-00.00	
18 Marten-rosenow, Andrew	9	Sauk Rapids-	x14-06.75	
19 Westman, Denver	12	Cambridge-Is	x14-03.00	
20 Newville-larson, Tyson	9	Sauk Rapids-	x13-05.00	
20 Wheeler-Carranza, Ayden	9	Brainerd	x13-05.00	

--- Myhr, Parker 9 Cambridge-Is ND

## Boys Triple Jump

Name	Yr	School	Finals	
1 Loesch, Walker	10	Sauk Rapids-	39-05.00	5
2 Bernander, Bennett	10	Brainerd	39-00.00	3
3 Kuhlman, Jaden	9	Cambridge-Is	37-09.00	2
4 Sullivan, Ari	12	Cambridge-Is	37-01.00	1
5 Kiriago, Tristen	10	Cambridge-Is	36-10.00	
6 Timmann, Aidan	11	Cambridge-Is	36-06.00	
7 Wilson, Micah	10	Cambridge-Is	x36-00.00	
8 Nelson, Ty	9	Brainerd	35-10.00	
9 Scapanski, Evan	9	Sauk Rapids-	35-02.00	
--- Broman, Garret	9	Sauk Rapids-	ND	

## Boys Shot Put

Name	Yr	School	Finals	
1 Albright, Andrew	12	Brainerd	56-05.00	5
2 White, Will	12	Sauk Rapids-	47-02.25	3
3 Mauer, Merle	12	Cambridge-Is	41-10.00	2
4 Jager, Caden	12	Brainerd	38-09.00	1
5 Mauer, Levi	10	Cambridge-Is	38-00.00	
6 Flakne, Broden	11	Sauk Rapids-	36-01.50	
7 Ziebarth, John	11	Cambridge-Is	35-02.00	
8 Oseidamawah, Joshua		Cambridge-Is	34-05.00	
9 Maikkula, Owen	11	Cambridge-Is	x33-09.00	
10 Mauer, Isaac	11	Cambridge-Is	x33-01.50	
11 Smith, Cameron	9	Sauk Rapids-	31-11.25	
12 Butkowski, Gavin	10	Sauk Rapids-	30-00.75	
13 Winker, Logan	10	Sauk Rapids-	x29-03.50	
14 Thompson, Cullen	9	Sauk Rapids-	x25-10.50	
15 Scott, Leo	11	Cambridge-Is	x25-09.50	
16 Erholtz, Matt	12	Brainerd	24-09.50	
17 Smith, Christopher	9	Sauk Rapids-	x23-01.00	
18 Wilson, Lars	12	Sauk Rapids-	x21-10.75	
19 Hahn, Calvin	9	Sauk Rapids-	x20-07.00	

## Boys Discus Throw

Name	Yr	School	Finals	
1 Ziebarth, John	11	Cambridge-Is	131-06	5
2 Mauer, Merle	12	Cambridge-Is	119-04	3
3 Jager, Caden	12	Brainerd	106-08	2
4 Wagner, Gus	11	Brainerd	100-08	1
5 Sander, Dominic	12	Sauk Rapids-	95-00	
6 Mauer, Isaac	11	Cambridge-Is	94-07	
7 Daigle, Lucas	11	Cambridge-Is	92-10	
8 Winker, Logan	10	Sauk Rapids-	86-11	
9 Erholtz, Matt	12	Brainerd	81-04	
10 Oseidamawah, Joshua		Cambridge-Is	x79-07	
11 Maikkula, Owen	11	Cambridge-Is	x77-11	
12 Thompson, Cullen	9	Sauk Rapids-	76-01	
13 Mauer, Levi	10	Cambridge-Is	x74-03	
14 Smith, Cameron	9	Sauk Rapids-	71-07	

**Sauk Rapids-Rice Triangular - 5/17/2022****Sauk Rapids-Rice Middle School Track****Results - Sauk Rapids - Rice Dual****Finals ... (Boys Discus Throw)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
15	Adamson, Andrew	10	Brainerd	69-02
16	Scott, Leo	11	Cambridge-Is	x63-05
17	Peterson, Kyle	9	Brainerd	x59-11
18	Butkowski, Gavin	10	Sauk Rapids-	x58-01
19	Smith, Christopher	9	Sauk Rapids-	x51-04
20	Hahn, Calvin	9	Sauk Rapids-	x50-05
21	Wilson, Lars	12	Sauk Rapids-	x43-10

**Women - Team Rankings - 18 Events Scored**

1)	Brainerd	89
2)	Cambridge-Isanti	71.5
3)	Sauk Rapids-Rice	24.5

**Men - Team Rankings - 18 Events Scored**

1)	Cambridge-Isanti	89
2)	Brainerd	69
3)	Sauk Rapids-Rice	25